

CONNECTING COMMUNITIES CAMPAIGN UPDATE



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF METROPOLITAN FORT WORTH
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A CAMPAIGN UPDATE FOR CAPITAL DONORS & CLOSE FRIENDS OF THE YMCA — APRIL 2017

MCDONALD Y GROUNDBREAKING

More than 125 community members, city officials and friends of the YMCA braved the 37 degree temperature and gathered on December 15, in southeast Fort Worth to break ground on the largest construction project in Fort Worth YMCA history.

The transformational 34,000 sq. ft. southeast YMCA facility located in Renaissance Square includes a gymnasium with elevated walking track, an expanded Early Learning Center and a large community-accessible aquatic center.



L to R: Reeshemah Davis, Buddy Puente, Jimmy Killingsworth, Tony Shuman



The vision for the new YMCA began almost 10 years ago with many years of research, community input and volunteer involvement. Jimmy Killingsworth, the Chairman of the Board for the McDonald Southeast Y says, "We want this Y to become a community hub, where people can learn, stay

active and feel a sense of belonging."

The celebration focused on the excitement and sense of community that has been evident in the spirit and hard work of all the people and agencies involved in bringing this YMCA gift to the southeast Fort Worth area.

Support our Capital Campaign and leave a lasting impression! Buy a brick at ymcafw.org/capital-brick-campaign/.

THE DAVIS FAMILY
Thanks the YMCA for
Supporting Our Kids!

CEO CORNER

Spring is in the air as the Y celebrates new growth! Over the past several years we prepared the soil and planted the seeds for the Connecting Communities Capital Campaign. We are now seeing the generosity of our donors and the hard work of our committed volunteers and staff bloom.

As we approach the end of our campaign, we have secured \$16.9 million in charitable contributions and have raised 99% of the \$16.95 million needed for our three capital projects: a new Y in southeast Fort Worth, renovations at YMCA Camp Carter, and enhancements at the Y Sports Complex.

I am thrilled to report that construction of the new YMCA is underway. The Camp Dining Hall has been renovated and the newly constructed deck and floating dock are complete. We have also purchased new lights for the Sports Complex that will be installed this year.

While it's exciting to see all of our new growth happen, we're eagerly anticipating the completion of our projects as they support our strategic plan goal of doubling the number of youth served by 2020. In everything we do, our desire is to nurture the potential of every child and teen, improve health and well-being in our community, and support the needs of our neighbors.

I appreciate all you have done to support our Y and look forward to keeping you up-to-date on construction progress.

President/CEO

BIG IMPROVEMENTS AT CAMP

YMCA Camp Carter serves over 25,000 children and adults each year with quality camping and year-round activities that include outdoor education, leadership training, corporate and church retreats, school outings and more. To better serve these numbers, Camp is getting a face lift! The upgrades include a new dining hall deck to allow for more outdoor seating during mealtime next to Cottonwood Lake; a floating dock, attached to the dining hall deck that will provide lake access for the many physically challenged kids and adults who visit camp; and upgraded kitchen equipment to improve overall efficiency and preparation of healthy food options.

Camp Carter Alpine Tower

Extending an imposing 50-feet high, the new Alpine Tower at Camp Carter looks like the vestige of an ancient ship wreck. Designed by Alpine Towers International, this unique climbing and challenge structure is a welcome addition to our existing adventure course. It creates the ideal setting for fostering team building, improving communication, and developing self-esteem. Year-round participants climb and maneuver around the various obstacles and logs, using hand holds, ropes, wood and nets to reach the top. There are a tremendous variety of challenges, which prompts groups to return again and again for more team building experiences.



BOARD MEMBER & DONOR HIGHLIGHT

As of 2008, the YMCA of Metropolitan Fort Worth had yet to have a woman serve as its Chairman of the Board of Directors. That honor was filled the next year when trailblazer, Cindy Milrany, also the first CFO at engineering consulting firm Freese and Nichols, stepped up to the task.

Giving time and resources are a way of life for Milrany. She especially loves doing so with the YMCA, because in her words, "It's for all. The Y is so good at identifying the real problems in our community and finding solutions. If there is a need and it fits into our mission, we're great at responding to it quickly."

Cindy's Y story began in the 1980s when she and her colleagues worked out at the Downtown Y during lunch. Later, in 2005, Cindy was approached to join the Metropolitan Board. She thought, "That's an organization I'd like to get involved in. It didn't take long for me to fall in love."

In addition to continuous service on the Metro Board of Directors, she has also served on the Executive, Board Development, Strategic Planning and McDonald Southeast V2 Planning Committees. "I like being involved in a board where I feel like I contribute. I want to feel like my talents are utilized and I've always felt that way at the Y."

A confessed "strategic planning person," she says, "I love the way we do strategic planning at the Y, and how it really drives what we're going to be working on." It's not surprising that her favorite Y opportunity was planning for the new McDonald Southeast YMCA. She was part of a group that envisioned and planned for the Southeast Capital Campaign. "We did a lot of meaningful fact gathering then came together and asked what all that means for the McDonald Southeast Y for the next 20 years."

Cindy is not only involved as a board member and donor personally; her company is a generous annual and capital donor and Y program participant. "The coolest thing the Y has done in partnership with Freese and Nichols and United Health Care is the Diabetes Prevention Program. We've had amazing feedback from our employees who've participated about losing weight, and coming off medications."

When asked how much longer she sees herself working with the YMCA, Milrany says with a smile, "I want to see this capital campaign come to fruition. I want to see the new southeast Y built. It's part of who I've been and a big part of my life the past several years."

