

# JANUARY 2023

SUN MON TUE WED THU FRI SAT

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17 Tutoring 3-5PM  Early Learners 5:30-6:30	18 Good Neighbor Club 4:30-5:30  Ninja Warrior 6-7PM	19 Homeschool Hip Hop 10-10:45AM	20 Family Movie Night 6-8PM	21 Donuts With Dads 8-10AM
22	23	24 Tutoring 3-5PM  Early Learners 5:30-6:30	25  Ninja Warrior 6-7PM	26 Homeschool Hip Hop 10-10:45AM	27	28 Youth Volunteers Alliance 9-11AM  Parents Night Out 5-10PM
29	30	31 Tutoring 3-5PM  Early Learners 5:30-6:30				



**YOUTH PROGRAMS**  
**THE BEDFORD CENTER YMCA**



# PROGRAM DESCRIPTIONS

**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## **TUTORING:**

Study sessions for elementary students with teen & adult volunteer tutors.

## **EARLY LEARNERS:**

This 6 week program is for ages 2-4. Participants will learn about themselves & their world. \$30 members/\$40 nonmembers.

## **NINJA WARRIORS:**

This 6 week program is for ages 6-10. Participants will engage in a variety of fun fitness activities. \$30 members/\$40 nonmembers.

## **GOOD NEIGHBOR CLUB:**

This free program for ages 5-10 will explore the importance of friendship and being a caring member of your community.

## **HOMESCHOOL HIP HOP:**

This 4 week program for ages 6-10 will teach hip hop dance fundamentals. \$30 members/\$40 nonmembers.

## **FAMILY MOVIE NIGHT:**

Our January movie will be Disney's Encanto! Bring the whole family to enjoy the movie & popcorn. \$5 members/\$10 nonmembers (per family)

## **DONUTS WITH DADS:**

Father figures & their kids can enjoy donuts, coffee, and juice while enjoying a fun family activity. \$5 per person.

## **YOUTH VOLUNTEERS ALLIANCE:**

Youth volunteers (5-12) will help pack kits for the nonprofit CleanUpUSA and learn about how their organization serves the community.

## **PARENTS NIGHT OUT:**

Kids 6 weeks to 12 years can be dropped off for dinner, games, and activities while parents/caregivers get a chance to enjoy some time to themselves! \$30 members/\$35 nonmembers.