

FEBRUARY 2023

SUN MON TUE WED THU FRI SAT

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7 Book Club (10:00-11:00)	8 Coffee with the Y (9:00-10:00)	9 Art Class (9:00-10:00)	10 AOA Game Day (11:00-1:00)	11
12	13	14 Book Club (10:00-11:00)	15 Coffee with the Y (9:00-10:00)	16 Meals on Wheels Kickoff Event (12:00pm-12:30pm)	17 AOA Movie Matinee (11:00-1:00)	18
19	20	21 Book Club (10:00-11:00)	22 Coffee with the Y (9:00-10:00)	23	24 AOA Game Day (11:00-1:00)	25
26	27 Meals on Wheels (11:30-12:30)	28 Book Club (10:00-11:00)				



Active Older Adult Event Schedule

THE BEDFORD
CENTER YMCA