



COMMUNITY RESOURCES

DIAL 911 IMMEDIATELY IN CASE OF EMERGENCIES

HOTLINES

Suicide prevention: 988

Abuse: 1-800-252-5400

Aids Line: 1-800-342-2437

Domestic Violence: 1-800-799-7233

Family Crisis Center: 1-800-848-3206

Legal Issues for Older Citizens: 1-800-444-9114

Mental Health Crisis Hotline and Intake Screening: 1-800-772-5987

IDD Intake Line: 1-866-948-7198

GENERAL HELP

211 Texas: First Call for Help 211 or 817-541-7905 <https://www.211texas.org/>

Find Help: <https://www.findhelp.org/>

Community Storehouse: Keeping children active and thriving in the Keller, Northwest, Argyle, and Carroll Independent School Districts. <https://www.communitystorehouse.org/>

GRACE: Nonprofit relief agency that provides food, clothing, financial assistance, and other vital necessities to people who are struggling with a limited income or recent emergency. <https://www.gracegrapevine.org/>

Catholic Charities Fort Worth: Offers assistance to individuals and families across the 28-county Roman Catholic Diocese of Fort Worth. You do not need to be Catholic to receive our services. We offer a wide variety of short- to long-term case management programs for people from all walks of life, from students to refugees to expecting mothers. If you are in need of financial or emotional support, or need help connecting to local available resources, contact <https://catholiccharitiesfortworth.org/help/>

NICA: Established to help serve our community by providing food, clothing, and self-help programs to families in the North side of Fort Worth and surrounding communities. <https://nicaagency.org/>

VA Services and Benefits: <https://www.va.gov/>

MHMR My Health My Resources of Tarrant County: Provides community-based services for youth and adults with intellectual and developmental disabilities (IDD), mental health conditions, and substance use disorders, as well as babies and young children with developmental delays. <https://www.mhmrtarrant.org/>

Crowley House of Hope: Provides food and financial assistance, medical care, and seasonal outreach programs in an atmosphere of dignity and respect. 817-297-6495 <https://crowleyhouseofhope.org/>

Financial Support Guidance: [Mission \(pathfinderstc.org\)](https://mission.pathfinderstc.org/)

United Way of Johnson County: <https://uwjctx.com/united-way-of-johnson-county-resource-guide/>

Pecan Valley Centers for Behavioral & Developmental Healthcare: <https://www.pecanvalley.org/>

Texas Neighborhood Services: 817-566-375 <https://txns.org/locations/>

MENTAL HEALTH

DIAL 911 IMMEDIATELY IN CASE OF EMERGENCIES

Mental Health of America: 817-335-540 <http://www.mhatc.org/>

MHMR My Health My Resources of Tarrant County: <https://www.mhmrtarrant.org/>

Recognize and Rise: <https://recognizeandrise.org/>

The Parenting Center: <https://theparentingcenter.org/> 817-332-6348

SUICIDE PREVENTION

Crisis Text Line: Text HOME to 741-741 (24/7)

Suicide & Crisis Lifeline: Call 988 https://988lifeline.org

For Deaf & Hard of Hearing: 1-800-799-4889

Veterans Crisis Line: 1-800-273-8255 (24/7) And press "1" or Text 838255

[Click here for Live Chat with Veterans Crisis Line \(24/7\)](#)

The Jordan Elizabeth Harris Foundation: Shining a light on depression and suicide
<https://jordanharrisfoundation.org/>

Raising Joy: is Cook Children's Podcast and is part of Cook Children's Health Care System's Joy Campaign, a communications initiative aimed at preventing youth suicides.

<https://cookchildrens.org/joy> <https://www.youtube.com/playlist?list=PLRhCGn7UgJDah1AXelhFoI9iBZhh8Li-T>

TEEN SUPPORT

Teen Line: An anonymous, non-judgmental space for youth. Teens can access peer-to-peer support from highly trained teens supervised by adult mental health professionals. 800-852-8336 (6-10pm PST)
Text TEEN to 839863 (6-9pm PST)

LGBTQ SUPPORT

LGBT National Help Center: 888-843-4564 (M-F: 4pm - midnight EST / Saturday: noon - 5pm EST)
<https://www.glbthotline.org/>

LGBT National Youth Hotline: for LGBTQ & questioning up to **age 25**. Same hours as national hotline.
800-246-7743

LGBT National Senior Hotline: for LGBTQ & questioning **ages 50 and up**. Same hours as national hotline.
888-234-7243

The Trevor Project: crisis intervention and suicide prevention services for LGBTQ & questioning young people under 25. 1-866-488-7386 (24/7) [Click here for Live TrevorChat online](#) (24/7) Text START to 678678 (24/7) <https://www.thetrevorproject.org/>

FOOD

Tarrant Area Food Bank: <https://tafb.org/snap>

Community Enrichment Center: 817-281-1164 <https://cechope.org/>

Mission Central: 817-595-0011 <https://missioncentraltx.org/>

Community Link: 817-847-4554 <https://communitylinkmission.org/>

Community Storehouse: <https://www.communitystorehouse.org/>

Meals on Wheels: 817-336-0912 <https://mealsonwheels.org/>

Metroport Meals on Wheels: 817-491-1141 <https://www.metroportmow.org/>

NICA: <https://nicaagency.org/>

Open Door Ministry: <https://opendoorexperience.com/food-bank-outreach/>

HOT MEALS

Henderson Street Baptist Church: 817-645-7881 Every Monday, 11:00-1:00
<http://www.hendersonstreet.org/coming-events.html>

East Cleburne Community Center: 817-556-3716 Bingo & breakfast every Tuesday, 8:30-10:00am
<https://www.eastcleburnecc.org/>

SHELTER

Presbyterian Night Shelter: 817-632-7400 <https://www.journeyhome.org/>

Union Gospel Mission: 817-339-2553 <https://www.ugm-tc.org/need-mission-services/>

Arlington Life Shelter: 817-548-9885 <https://arlingtonlifeshelter.org/>

ACH Child & Family Services: <https://achservices.org/>

Veterans Outreach: 817-255-7150

<https://www.tarrantcountytx.gov/en/veteran-services/va-benefit-programs/benefits-for-homeless-veterans.html>

Crazy 8 Ministries: 817-202-8408 <https://crazy8ministries.com/>

Family Crisis Center Johnson County: 817-558-7171 <https://www.familycrisisjc.org/>

IF YOU ARE IN AN ABUSIVE SITUATION:

If you are in immediate danger, call 9-1-1.

For domestic violence resources: National Domestic Violence Hotline: thehotline.org

For human trafficking resources: National Human Trafficking Hotline: <https://humantraffickinghotline.org/en>

Women's Center 24-hour Hotline: 817-927-4039 <https://www.womenscentertc.org/>

One Safe Place: 817-916-4323 <https://www.onesafeplace.org/>

Safe Haven Tarrant Co: 817-535-6462 **Safe Haven Hotline:** 1-877-701-7233 <https://www.safehaventc.org/>

RENT & UTILITIES

Rent Assistance: https://www.rentassistance.us/ci/tx-fort_worth

Catholic Charities Fort Worth: For general questions, call 817-534-0814. Our call center is open from 8am - 12pm Monday - Thursday. <https://catholiccharitiesfortworth.org/help/>

Community Action Partners (CAP program): Rent/mortgage assistance will qualify people and provide help with paying rent and mortgage for Tarrant County residents. Locate additional mortgage programs. 817-392-5790 <http://fortworthtexas.gov/cap/>

Community Storehouse: <https://www.communitystorehouse.org/>

NEED: Can supply families with food & TXU assistance in our Tarrant County area. <https://needdfw.org/>

CLOTHING

Operation Blessing: 817-645-8511 <https://www.ob-jc.com/> Hours: M-Th, 10:00-2:00

The Bridge Benevolence Center: 817-641-3912 <https://westhillchurch.net/ministries/the-bridge>

Spirit of Sharing Ministry: 817-645-3342 <https://www.fieldstreet.com/ministries/spirit-of-sharing-sos/>

Harvest House: 817-295-6252 <https://www.yourharvesthouse.org/>

Promises Community Ministries: 817-295-9384 <https://firstburleson.org/promises>

TRANSPORTATION

Trinity Metro: 817-215-8600 <https://ridetrinitymetro.org/>

Serving Our Seniors: 817-282-0531 <https://servingourseniorstexas.org/>

N.E.T.I.: 817-885-8662 <https://www.netitx.com/>

Catholic Charities: 817-336-8714 <https://ccfwtransportation.com/#nets>

MEDICAL & DENTAL

There are several clinics that offer free or low-cost health care to low income, the working poor, and to those patients who either have no or limited health insurance. Patients may be able to access dental services, prescription medications, eye exams and general health checkups.

Fort Worth Northside Community Health Center: No patient is rejected. Call 817-625-4254 to make an appointment. <https://ntachc.org/>

Crowley House of Hope: Offers free medical treatment. 817-297-6495 <https://crowleyhouseofhope.org/>

JPS Health Network: Based in Fort Worth, this medical clinic provides services for children and adults. 817-852-8380 <https://www.jpshealthnet.org/>

Mission Forth Worth: Provides healthcare to the uninsured. 817-207-0229 <https://nafcclinics.org/find-clinic/>

Medicaid Unwinding:

<https://www.hhs.texas.gov/services/health/medicaid-chip/end-continuous-medicaid-coverage>

H.O.P.E. Clinic: 817-641-5858 <https://www.hopecliniccleburne.com/>

TCC-NE Dental Hygiene Clinic: 817-515-6641

<https://www.tccd.edu/academics/courses-and-programs/programs-a-z/credit/dental-hygiene/dhyg-clinic/>

Catholic Charities Dental: 817-289-3882 <https://ccfdentalclinic.com/>

Mission Arlington: <https://missionarlington.org/allan-saxe-dental-clinic/>

AGING & DISABILITY SERVICES

Aging & Disability Resource: 855-937-2372 <https://tarrantcountyadrc.org/>

Area Agency on Aging: 817-258-8000 <https://www.unitedwaytarrant.org/aaatc/>

PREGNANCY

Gladney Center for Adoption: 817-859-8348; 817-922-6000 <https://adoptionsbygladney.com/>

Mother & Unborn Baby Care: 817-870-2229 <https://unbornbabycare.org/>

Women's Choice Resource Center: 817-736-1905 <https://choicepregnancy.com/>

Mid Cities Women's Clinic: 817-562-2667 <https://mcwomensclinic.com/>

EDUCATION

Adult Education: 817-202-1108

Educational Opportunity Center (EOC): Enrolling in a college or trade program; financial help paying for GED test <https://orstx.org/eoc/>

JOBS

Texas Workforce Commission: <https://www.twc.texas.gov/>

Workforce Solutions: <https://workforcesolutions.net/>

The Ladder Alliance: offers women who may be survivors of domestic violence or low-income the job skills necessary to secure employment in today's technological job market. <https://ladderalliance.org/>

Texas Workforce Solutions for North Central Texas: 817-641-6201 <https://ntxworksolutions.org/>

Christian Women's Job Corps: Free 12-week program for women to develop job skills & personal growth. 817-645-9979 <https://www.cleburnecwjc.org/>

RESOURCES FOR THOSE WHO HAVE BEEN IN JAIL

Texas Dept. of Criminal Justice Reentry Hotline: 877-887-6151
<https://www.tdcj.texas.gov/divisions/rid/index.html>

Community Learning Center: 817-496-3444 <http://www.clcinc.org/>

Cornerstone: 817-632-6000 <http://www.canetwork.org/>

Open Doors for Women in Need: 817-920-9326