



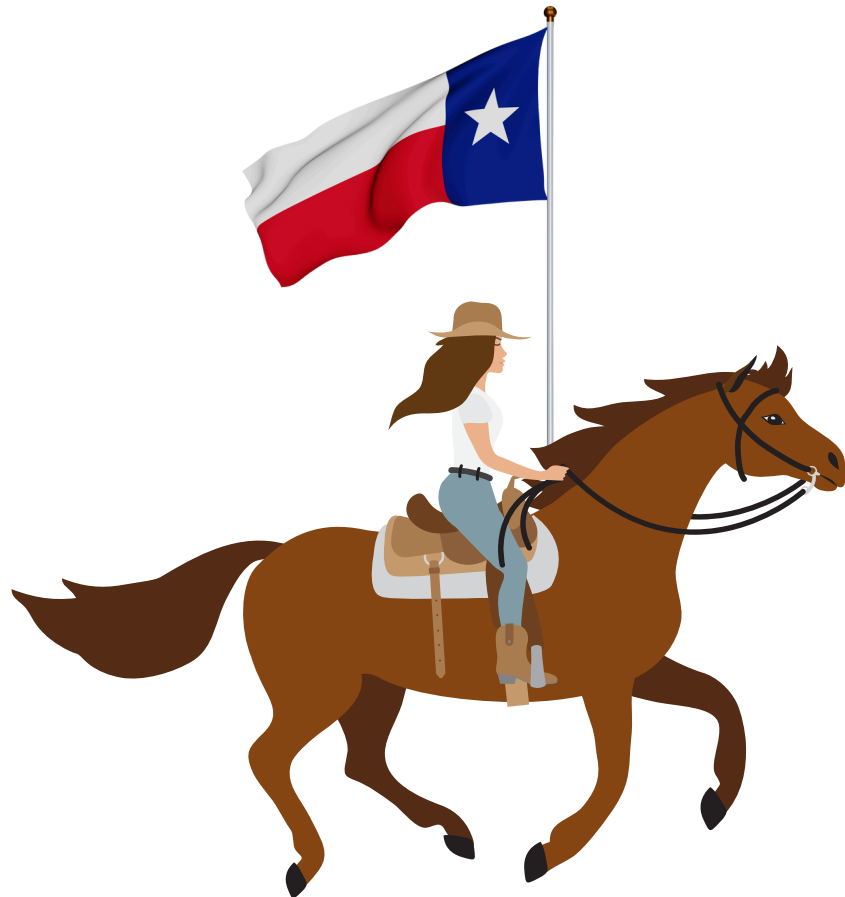
# YMCA Camp Carter Equestrian Center

## SUMMER CAMP CURRICULUM AND INFORMATION



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Saddle up for summer fun!





# COWTOWN: A LEGACY OF HORSES

Explore Fort Worth's Legendary Horse Culture at YMCA Camp Carter Equestrian Center

Fort Worth, Texas—fondly known as "Cowtown"—brims with a vibrant horse culture that brings the Wild West to life. With its legendary rodeos, historic cattle drives, and a proud cowboy heritage, the city celebrates the thrill of riding and the spirit of adventure. At our horse camp, you'll get to experience this rich tradition firsthand, learning not just how to ride but also how to care for these magnificent animals in a fun, energetic environment.



# SUMMER FUN AWAITS!



Ready to ride? Saddle up for one of our equestrian camps

## **Buckaroo Mini Camp (Ages 7-10)**

A 2-day mini adventure with groundwork, lead line rides, and tons of fun and games!

## **Jr. Wrangler Camp (Ages 10-16)**

Perfect for newbies! Enjoy daily riding and ground lessons, plus games galore.

## **Maverick Camp (For Seasoned Riders / Ages 13-16 )**

Level up your skills with advanced mounted and ground lessons that will elevate your riding experience.

**Join us for unforgettable adventures and endless fun on horseback!**



# WELCOME TO CAMP

Get Ready for a Week of Horse-Filled Fun!

## Welcome to YMCA Camp Carter Equestrian Summer Horse Camp!

We are so excited to welcome you to an unforgettable week of horseback riding, horse care, and outdoor adventure! Get ready to saddle up, make new friends, and create amazing memories with our incredible horses.

To make the most of your camp experience, please remember to bring:

- ✓ A refillable water bottle – Stay hydrated!
- ✓ A packed lunch – Fuel up for a fun-filled day.
- ✓ Sunscreen – Protect yourself from the Texas sun!
- ✓ Clothes that can get dirty – You'll be working with horses, and that means some dust and dirt!
- ✓ Closed-toe shoes – Boots or sturdy shoes are a must for safety around the horses.

We can't wait to see you at camp! Come ready to learn, have fun, and make lifelong memories with our amazing horses. See you soon!



# WHAT YOU CAN EXPECT TO LEARN

## Horsemanship

Horsemanship is all about building a strong, trusting bond with horses while learning to care for them with kindness and confidence. Campers will discover how to interact with horses calmly, groom them, saddle up, and ride—all in harmony. From brushing and feeding to understanding horse behavior, every lesson helps create a deeper connection between rider and horse.

## Horse Care

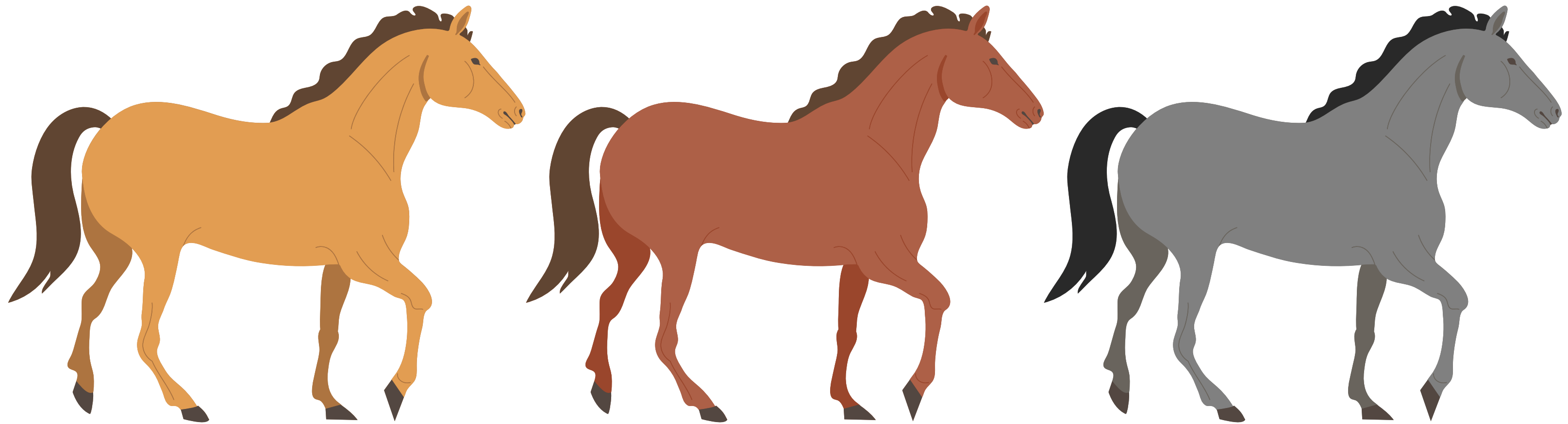
Campers will learn the basics of keeping horses happy and healthy. They'll practice grooming, feeding, and cleaning up after them, while also learning what horses need to thrive. Safety is key, so campers will be taught how to move around horses calmly and respectfully. Understanding how to care for these amazing animals build trust, responsibility, and a special connection with their four-legged friends!

## Riding

Learning to ride a horse is more than just fun—it helps build confidence, balance, and coordination! Riding teaches kids to stay focused, be patient, and work as a team with their horse. It also helps develop responsibility as they learn to care for their horse before and after each ride. Plus, spending time outdoors and connecting with these amazing animals is a great way to relax and have fun while building life skills.



# JUNIOR WRANGLER CAMP





# JR. WRANGLER CAMP SCHEDULE AT A GLANCE

## Monday

- Welcome
- Safety and horses
- Learn to groom
- Groom horses
- Leading
- Lunch
- Games
- Education: Saddle parts
- Craft
- Review

## Tuesday

- Welcome
- Review
- How to saddle
- Prepare tack
- Groom horses
- Tack up
- Riding lesson
- Ride
- Lunch
- Games
- Education
- Craft
- Review

## Wednesday

- Welcome
- Review
- Riding lesson
- Prepare tack
- Groom horses
- Tack up
- Ride
- Lunch
- Games
- Education
- Craft
- Review

## Thursday

- Welcome
- Review
- Riding lesson
- Prepare Tack
- Groom horses
- Tack up
- Ride
- Lunch
- Games
- Education
- Craft
- Review





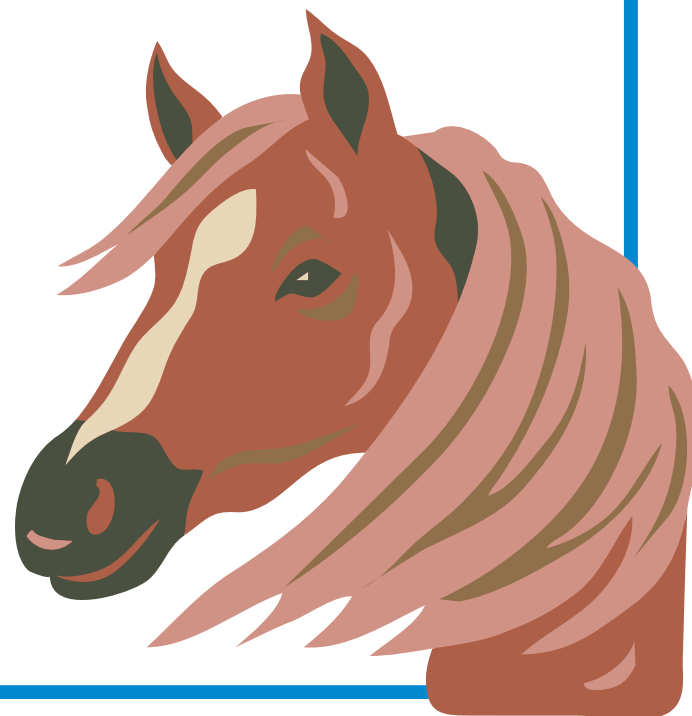


# MONDAY – JR. WRANGLER CAMP



## Today's Activities

9:00 AM	Welcome and introductions
9:15 AM	Barn tour / review schedule
9:30 AM	Camp kick-off game
9:45 AM	Horse safety and assignments
10:00 AM	Grooming basics / groom horse
10:30 AM	Horse leading
11:30 AM	Lunch
12:00 PM	Game
12:30 PM	Education
1:00 PM	Craft
1:45 PM	Recap
2:00 PM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes



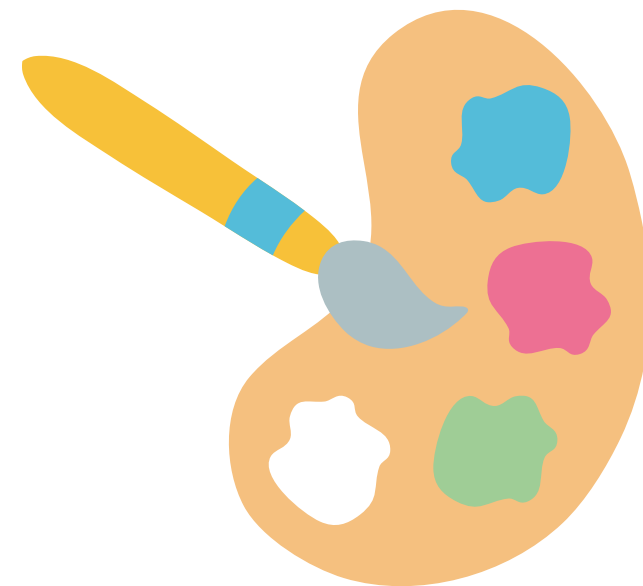


# TUESDAY – JR. WRANGLER CAMP



## Today's Activities

9:00 AM	Welcome / Review schedule
9:15 AM	Review parts of the saddle & learn how to saddle
9:45 AM	Pull tack, groom, saddle
10:15 AM	Riding lesson
10:30 AM	Ride
11:30 AM	Lunch
12:00 PM	Game
12:30 PM	Education
1:00 PM	Craft
1:45 PM	Recap
2:00 PM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present



## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes

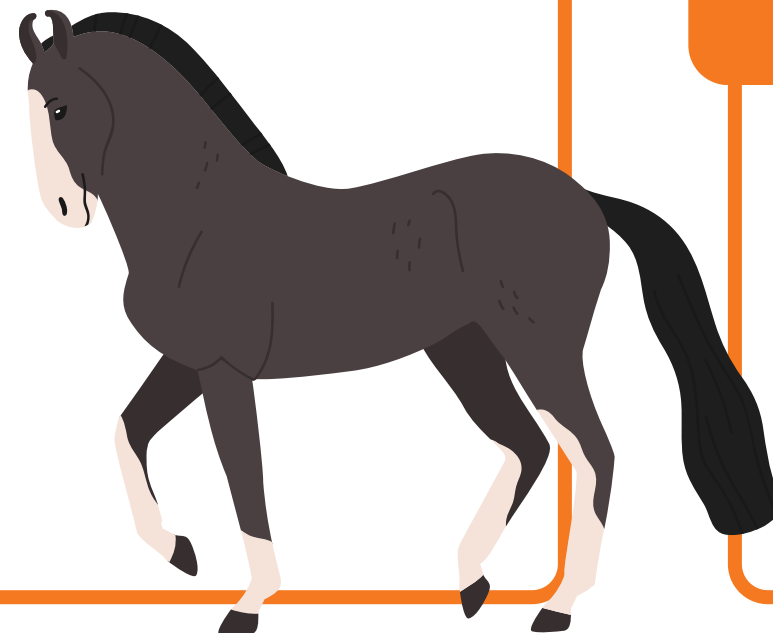


# WEDNESDAY – JR. WRANGLER CAMP



## Today's Activities

9:00 AM	Welcome / Review schedule
9:15 AM	Riding tips
9:45 AM	Pull tack, groom, saddle
10:15 AM	Ride
11:15 AM	What did we learn today
11:30 AM	Lunch
12:15 PM	Game
12:45 PM	Education
1:15 PM	Scavenger hunt
1:45 PM	Recap
2:00 PM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes



# THURSDAY – JR. WRANGLER CAMP



## Today's Activities

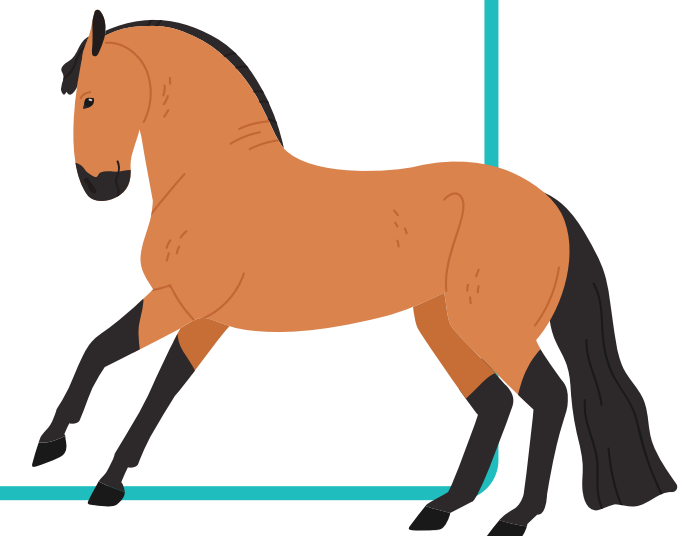
9:00 AM	Welcome / Review schedule
9:15 AM	Riding tips
9:45 AM	Pull tack, groom, saddle
10:15 AM	Ride
11:15 AM	What did we learn today
11:30 AM	Lunch
12:15 PM	Education
12:45 PM	Craft
1:45 PM	Recap

## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

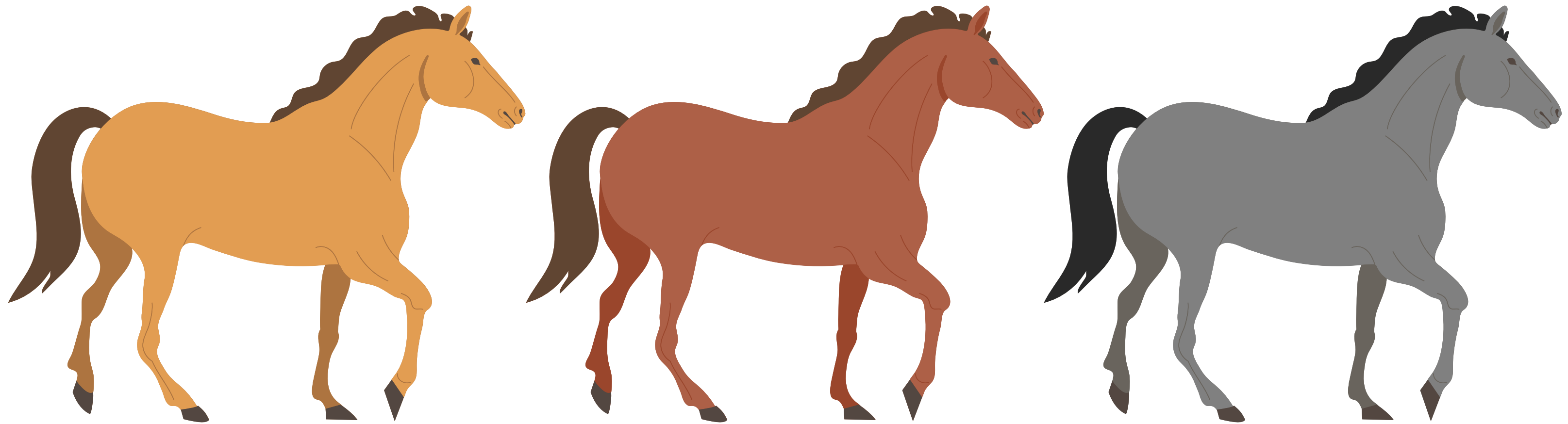
## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes





# MAVERICK CAMP





# MAVERICK CAMP SCHEDULE AT A GLANCE

## Monday

- Welcome
- Safety and horses
- Grooming review
- Groom horses
- Leading
- Advanced ground work exercises
- Lunch
- Games
- Education
- Craft
- Review

## Tuesday

- Welcome
- Review
- How to saddle
- Groom horses
- Tack up
- Advanced riding lesson
- Ride
- Lunch
- Games
- Education
- Craft
- Review

## Wednesday

- Welcome
- Review
- Advanced riding lesson
- Prepare tack
- Groom horses
- Tack up
- Ride
- Lunch
- Games
- Education
- Craft
- Review

## Thursday

- Welcome
- Review
- Advanced riding lesson
- Prepare Tack
- Groom horses
- Tack up
- Ride
- Lunch
- Games
- Education
- Craft
- Review



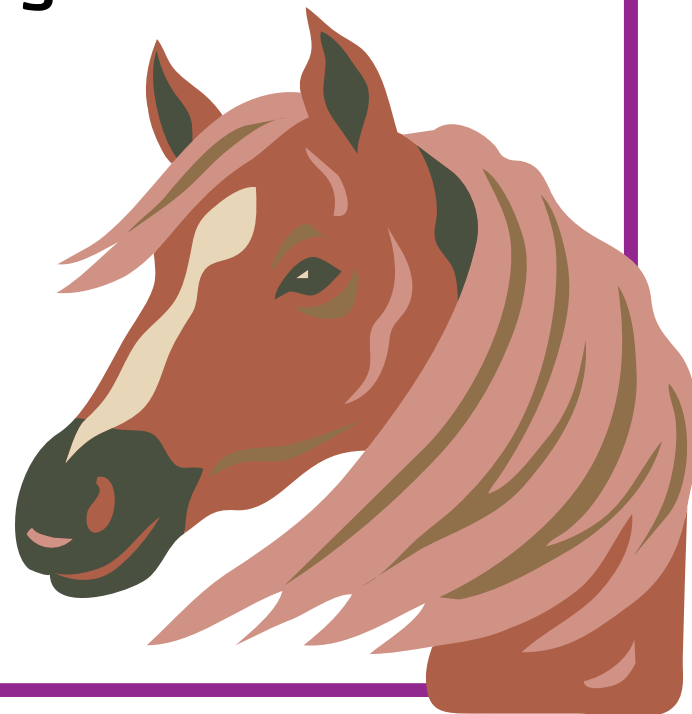


# MONDAY – MAVERICK CAMP



## Today's Activities

9:00 AM	Welcome and introductions
9:15 AM	Barn tour / review schedule
9:30 AM	Camp kick-off game
9:45 AM	Horse safety review and assignments
10:00 AM	Grooming basics / groom horse
10:30 AM	Horse leading and ground work
11:30 AM	Lunch
12:00 PM	Game
12:30 PM	Education
1:00 PM	Craft
1:45 PM	Recap
2:00 PM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes

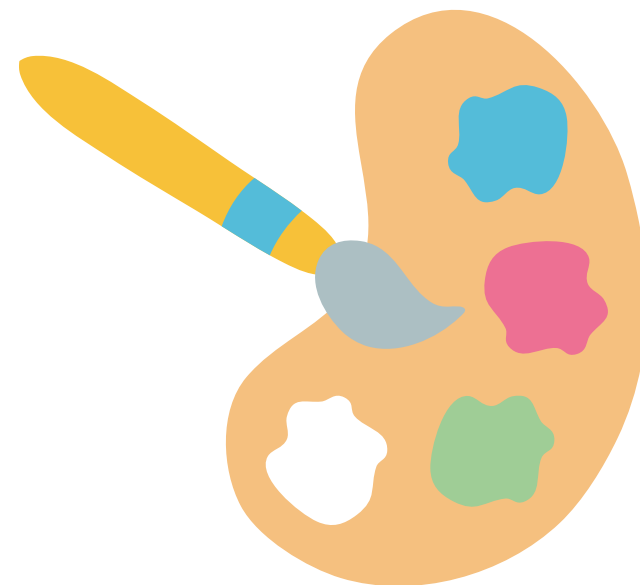


# TUESDAY – MAVERICK CAMP



## Today's Activities

9:00 AM	Welcome / Review schedule
9:15 AM	Review parts of the saddle & saddling
9:45 AM	Pull tack, groom, saddle
10:15 AM	Advanced riding lesson
10:30 AM	Ride
11:30 AM	Lunch
12:00 PM	Game
12:30 PM	Education
1:00 PM	Craft
1:45 PM	Recap
2:00 PM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present



## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes





# WEDNESDAY – MAVERICK CAMP



## Today's Activities

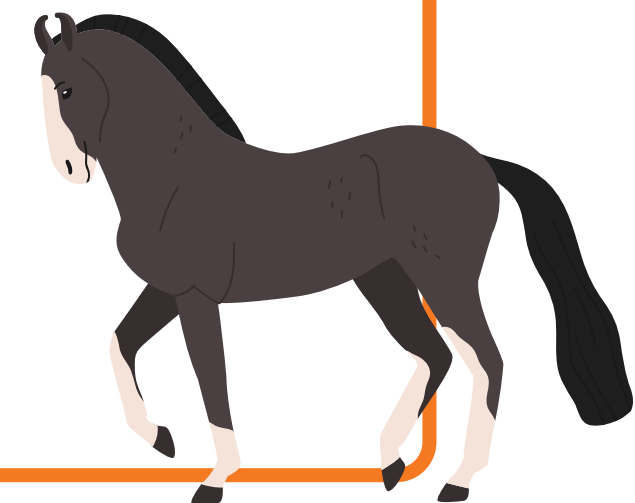
9:00 AM	Welcome / Review schedule
9:15 AM	Riding tips
9:45 AM	Pull tack, groom, saddle
10:15 AM	Advanced riding
11:15 AM	What did we learn today
11:30 AM	Lunch
12:15 PM	Game
12:45 PM	Education
1:15 PM	Make a stable management video
1:45 PM	Recap
2:00 PM	Camper pick up

## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes





# THURSDAY – MAVERICK CAMP



## Today's Activities

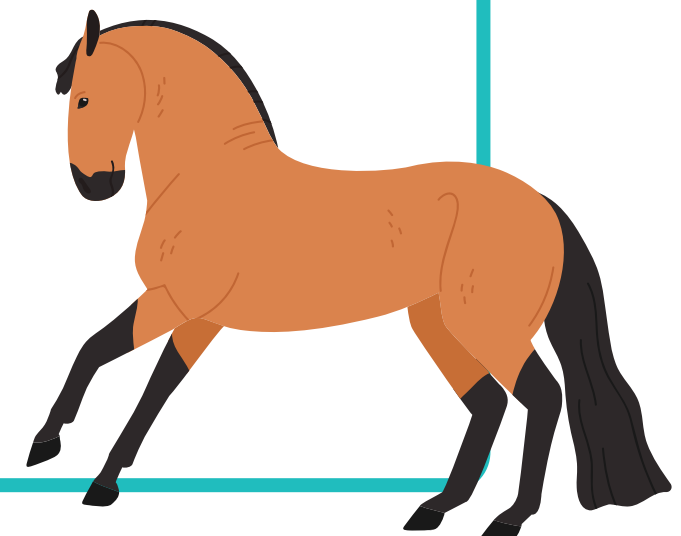
9:00 AM	Welcome / Review schedule
9:15 AM	Riding tips
9:45 AM	Pull tack, groom, saddle
10:15 AM	Ride
11:15 AM	What did we learn today
11:30 AM	Lunch
12:15 PM	Make an educational video
12:45 PM	Craft
1:45 PM	Recap

## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

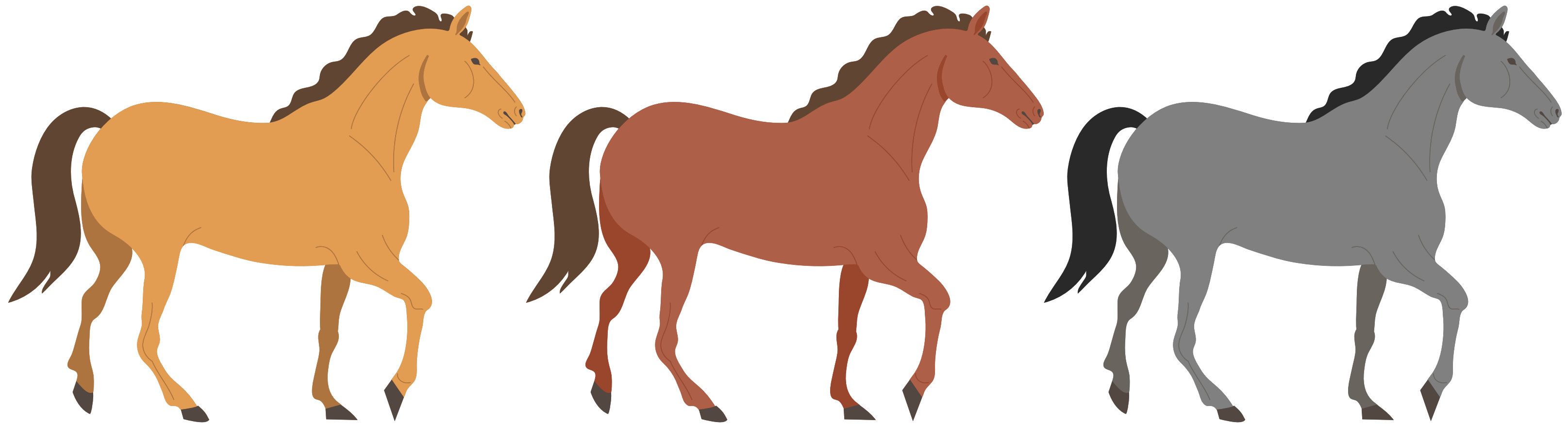
## To-Do

- Pack a sack lunch
- Bring a water bottle
- Wear closed toe shoes





# BUCKAROO CAMP





# BUCKAROO CAMP SCHEDULE AT A GLANCE

## Monday

- Welcome
- Safety and horses
- Grooming lesson
- Groom horses
- Tack up
- Leading
- Pony ride
- Games
- Education
- Review

## Tuesday

- Welcome
- Review
- Groom horses
- Tack up
- Leading
- Pony ride
- Games
- Education
- Craft
- Review





# MONDAY – BUCKAROO CAMP



## Today's Activities

8:00 AM	Welcome and introductions
8:15 AM	Barn tour / review schedule
8:30 AM	Camp kick-off game
8:45 AM	Horse safety and barn rules
9:00 AM	Grooming basics / groom horse
9:30 AM	Horse leading and pony rides
10:15 AM	Games
10:45 AM	Review
11:00 AM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

## To-Do

- Pack a snack
- Bring a water bottle
- Wear closed toe shoes

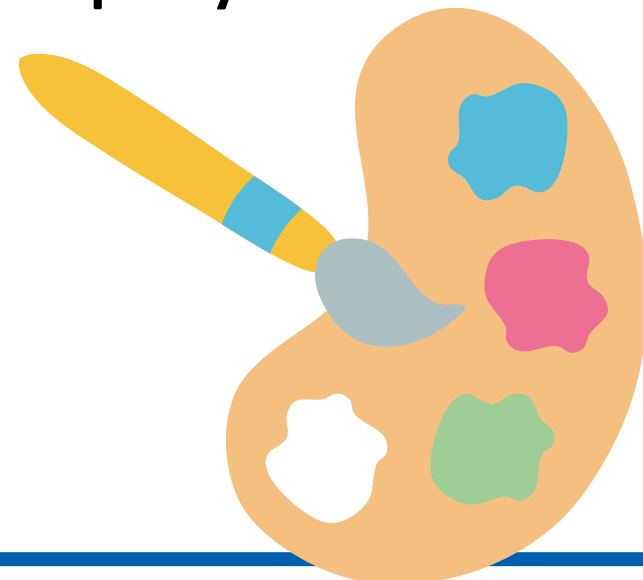


# TUESDAY – BUCKAROO CAMP



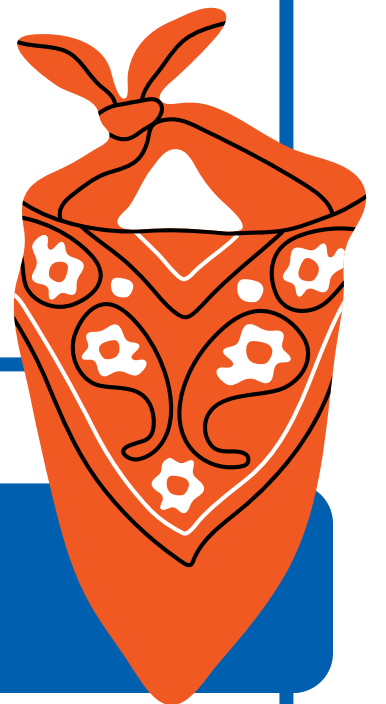
## Today's Activities

8:00 AM	Welcome and introductions
8:15 AM	Barn tour / review schedule
8:30 AM	Camp kick-off game
8:45 AM	Horse safety and barn rules review
9:00 AM	Grooming basics / groom horse
9:30 AM	Horse leading and pony rides
10:15 AM	Craft
10:45 AM	Review
11:00 AM	Camper pick up



## Reminders

- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present



## To-Do

- Pack a snack
- Bring a water bottle
- Wear closed toe shoes



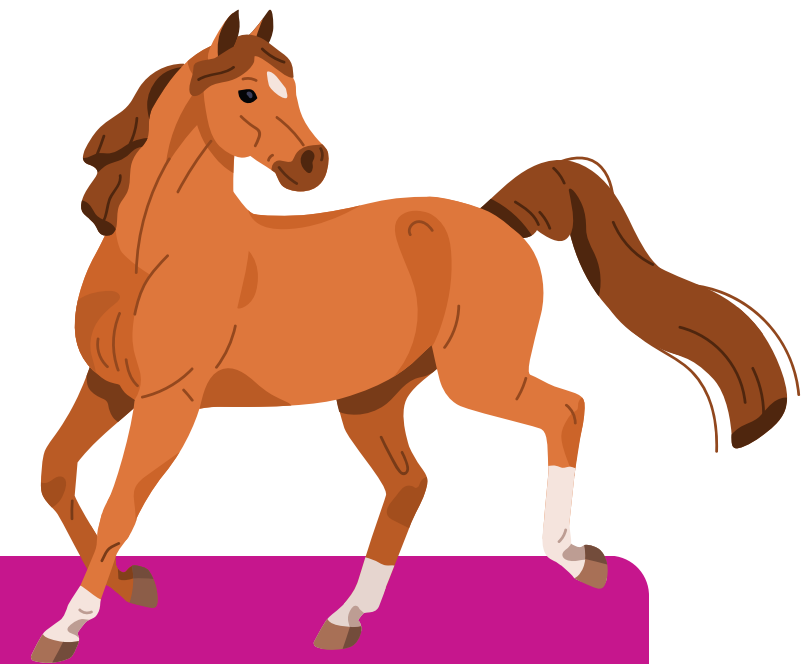
# Program Goals, Benefits and Details

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# Program Goals



We elevate horsemanship to a whole new level

## OUR GOALS FOR JR. WRANGLER CAMP

- **Build Confidence** – Feel comfortable and capable around horses, both on the ground and in the saddle.
- **Learn Horsemanship** – Understand how to interact with horses calmly and respectfully.
- **Master Basic Riding Skills** – Develop balance, coordination, and control while riding.
- **Care for Horses** – Learn the essentials of grooming, feeding, and keeping horses healthy.
- **Practice Safety** – Know how to handle and ride horses responsibly.
- **Develop Responsibility** – Take ownership of daily tasks like saddling, cleaning, and caring for their horse.
- **Connect with Nature** – Enjoy time outdoors, exploring trails and learning about the environment.
- **Have Fun & Make Friends** – Create unforgettable memories while working as a team with fellow campers and their horses!



# Program Focus

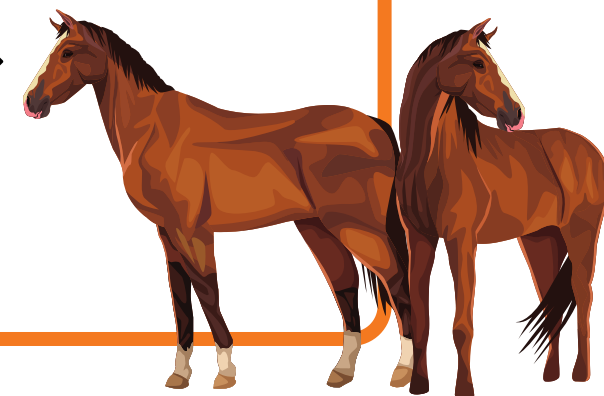


Learn, ride and make unforgettable memories

## WHAT CAMPERS WILL DISCOVER AT JR. WRANGLER CAMP

Throughout the week, campers will learn about horses through the following key areas:

- **Horse Safety** – Moving around and handling horses with confidence and care.
- **Grooming Basics** – Techniques for brushing, hoof cleaning, and ensuring horses look and feel their best.
- **Tack & Equipment** – Knowledge on saddling, bridling, and maintaining riding gear.
- **Horse Care & Feeding** – Understanding what horses eat, how to feed them, and their daily care requirements.
- **Riding Skills** – Mastering mounting, steering, stopping, and enhancing balance in the saddle.
- **Horse Communication** – Interpreting horse body language and engaging calmly with them.
- **Arena Riding** – Learning to ride safely with others in various environments.
- **Teamwork & Responsibility** – Collaborating to care for horses and support fellow campers.





# Lessons that Last a Lifetime



Learning to ride and care for horses is more than just fun—it's a skill that lasts a lifetime!

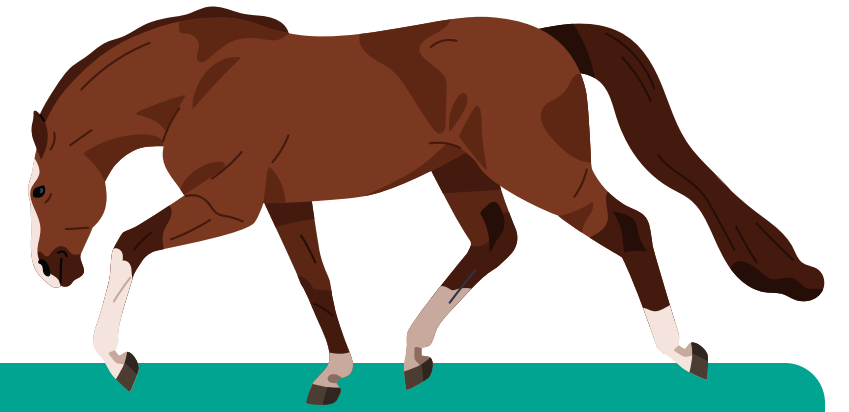
## Benefits of Learning to Work with & Ride Horses

- Builds Confidence – Learning to handle and ride a horse helps kids trust themselves and their abilities.
- Teaches Responsibility – Caring for a horse teaches the importance of commitment and daily tasks.
- Improves Balance & Coordination – Riding strengthens core muscles, posture, and overall body control.
- Encourages Patience & Focus – Working with horses requires calmness, patience, and attention to detail.
- Develops Problem-Solving Skills – Riders learn to adjust, adapt, and think critically while working with their horse.
- Strengthens Communication – Horses respond to body language and cues, helping kids become better listeners and communicators.
- Promotes Teamwork – Riders learn to work together with their horse, instructors, and fellow campers.
- Connects Kids to Nature – Spending time outdoors with horses fosters a love for animals and the environment.
- Reduces Stress & Anxiety – Being around horses has a calming effect and boosts overall well-being.
- Creates Lifelong Friendships – Campers bond over shared experiences, teamwork, and their love for horses!





# Horsemanship Instruction



**We elevate horsemanship to a whole new level**

**We provide horsemanship education that covers:**

- Safe interactions and movement around horses
- Familiarity with the basic anatomy of the horse
- Interpreting horse body language
- Building safety and confidence around horses
- Effective engagement with horses
- Developing empathy and prioritizing the horse's needs
- Managing emotions when handling horses
- Gaining insight into horse communication to facilitate effective interaction and collaboration with them.

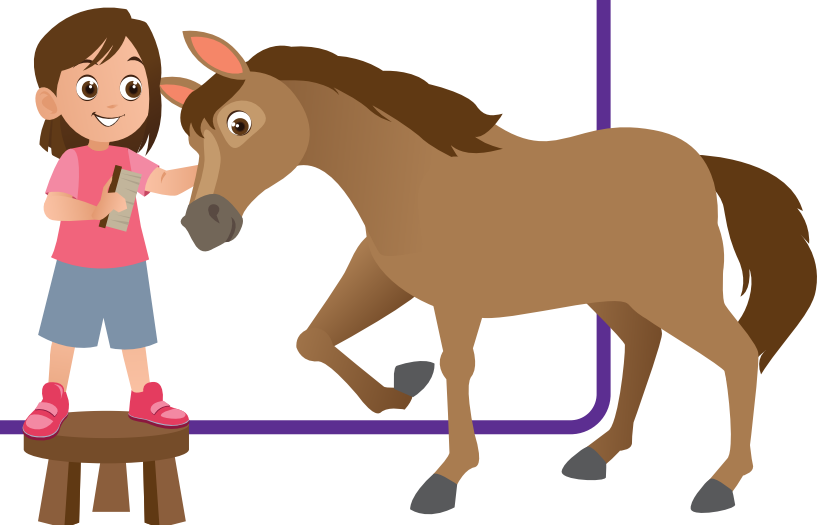
# Horse Care Instruction



Learn, ride and make unforgettable memories

We offer comprehensive horse care education that includes:

- **Horse Safety** – Learn how to confidently and carefully move around and handle horses.
- **Grooming Basics** – Discover techniques for brushing, hoof cleaning, and ensuring horses look and feel their best.
- **Tack & Equipment** – Understand how to properly saddle, bridle, and maintain riding gear.
- **Horse Care & Feeding** – Explore what horses eat, how to feed them, and their daily care requirements.
- **Hoof Care Basics** – Learn the importance of good, consistent hoof care



# Horse Care Instruction cont.



Learn, ride and make unforgettable memories

We offer comprehensive horse care education that includes:

- **Horse Communication** – Gain insights into horse body language and how to interact calmly with them.
- **Teamwork & Responsibility** – Collaborate to care for horses and support fellow campers.
- **Fun & Adventure** – Engage in games, challenges, and activities designed to build confidence and ensure a great time!





# Riding Instruction



Learning to ride and care for horses is more than just fun—it's a skill that lasts a lifetime!

We offer comprehensive horse care education that includes:

- Proper mounting
- Basic seat
- Hand position / rein management
- Moving forward, stopping, turning
- Performing a circle at the walk
- Riding a pattern
- Mounted exercises
- Arena Riding – practice riding safely with others in various environments.
- Trail Riding – practice riding safely out on the trail







Thank you for a  
great day!

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