

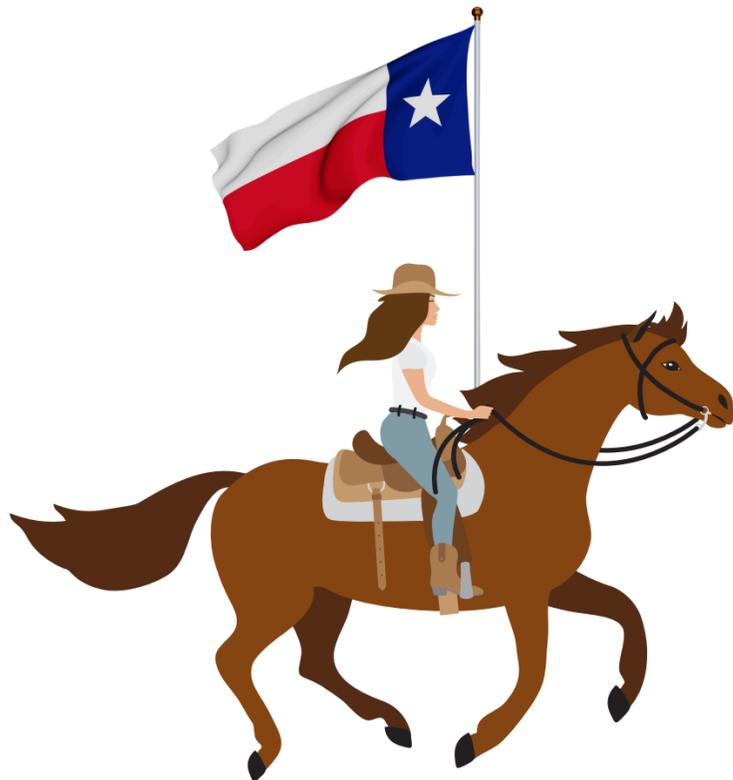


YMCA Camp Carter Equestrian Center

SUMMER CAMP CURRICULUM AND INFORMATION



Saddle up for summer fun!





COWTOWN: A LEGACY OF HORSES

Explore Fort Worth's Legendary Horse Culture at YMCA Camp Carter Equestrian Center

Fort Worth, Texas—fondly known as "Cowtown"—brims with a vibrant horse culture that brings the Wild West to life. With its legendary rodeos, historic cattle drives, and a proud cowboy heritage, the city celebrates the thrill of riding and the spirit of adventure. At our horse camp, you'll get to experience this rich tradition firsthand, learning not just how to ride but also how to care for these magnificent animals in a fun, energetic environment.





SUMMER FUN AWAITS!



Ready to ride? Saddle up for our unforgettable equestrian camp

Junior Wrangler Camp (Ages 7-12)

A fun, safe, and confidence-building introduction to horsemanship.

Each day includes:

- Hands-on grooming, saddling, and horse care
- Riding instruction for beginner to intermediate levels
- Structured arena lessons
- Engaging activities that build responsibility, teamwork, and empathy

Our experienced Wranglers create a supportive environment where campers feel safe, capable, and encouraged. As they bond with their horses, they also grow in patience, confidence, and pride.

Beyond the barn, campers enjoy classic summer fun — games, crafts, friendships, and unforgettable memories.

More than just riding — Junior Wrangler Camp builds life skills, respect for animals, and a lasting love of the outdoors.

Join us for unforgettable adventures and endless fun on horseback!



WELCOME TO CAMP

Get Ready for a Week of Horse-Filled Fun!

Welcome to YMCA Camp Carter Equestrian Summer Horse Camp!

We are so excited to welcome you to an unforgettable week of horseback riding, horse care, and outdoor adventure! Get ready to saddle up, make new friends, and create amazing memories with our incredible horses.

To make the most of your camp experience, please remember to bring:

- ✓ A refillable water bottle – Stay hydrated!
- ✓ Sunscreen – Protect yourself from the Texas sun!
- ✓ Clothes that can get dirty – You'll be working with horses, and that means some dust and dirt!
- ✓ Closed-toe shoes – Boots or sturdy shoes are a must for safety around the horses.

We can't wait to see you at camp! Come ready to learn, have fun, and make lifelong memories with our amazing horses. See you soon!



WHAT YOU CAN EXPECT TO LEARN

Horsemanship

Horsemanship is all about building a strong, trusting bond with horses while learning to care for them with kindness and confidence. Campers will discover how to interact with horses calmly, groom them, saddle up, and ride—all in harmony. From brushing and feeding to understanding horse behavior, every lesson helps create a deeper connection between rider and horse.

Horse Care

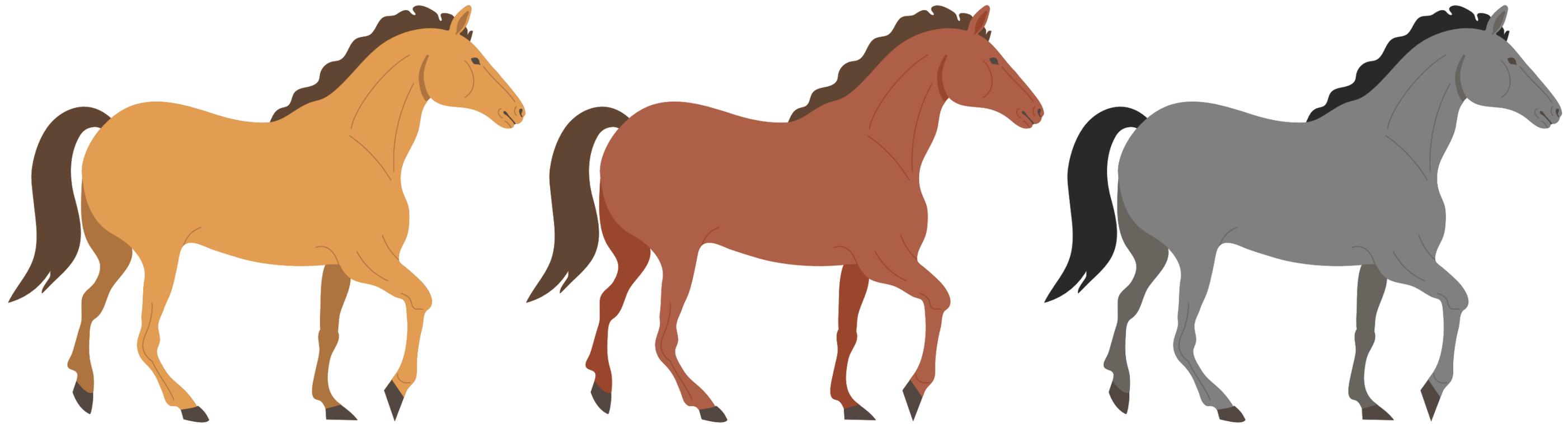
Campers will learn the basics of keeping horses happy and healthy. They'll practice grooming, feeding, and cleaning up after them, while also learning what horses need to thrive. Safety is key, so campers will be taught how to move around horses calmly and respectfully. Understanding how to care for these amazing animals build trust, responsibility, and a special connection with their four-legged friends!

Riding

Learning to ride a horse is more than just fun—it helps build confidence, balance, and coordination! Riding teaches kids to stay focused, be patient, and work as a team with their horse. It also helps develop responsibility as they learn to care for their horse before and after each ride. Plus, spending time outdoors and connecting with these amazing animals is a great way to relax and have fun while building life skills.



JUNIOR WRANGLER CAMP



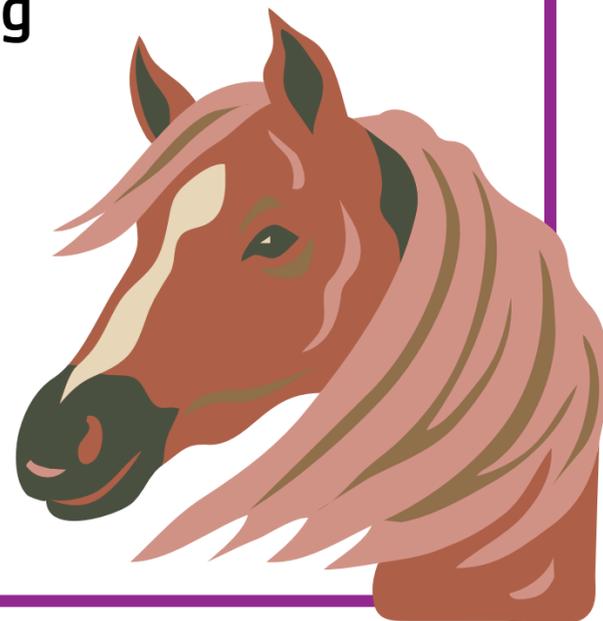


JR. WRANGLER CAMP



Schedule at a Glance

8:10 AM	Welcome and introductions
8:10 AM	Barn tour / review schedule
8:20 AM	Horse safety and assignments
8:30 AM	Grooming lesson / Hands on grooming
9:00 AM	How to lead a horse / Leading practice
9:15 AM	Riding lesson / Riding
10:30 AM	Game
11:00 AM	Camp pick up



Reminders

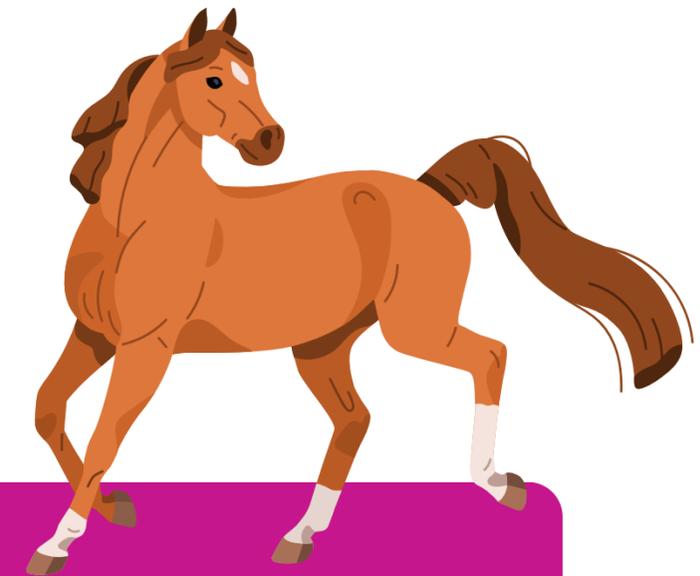
- Follow barn rules
- Drink plenty of water
- Ask questions
- Be present

To-Do

- Dress in clothes that can get dirty.
- Bring a water bottle
- Wear closed toe shoes



Program Goals



We elevate horsemanship to a whole new level

OUR GOALS FOR JR. WRANGLER CAMP

- **Build Confidence** – Feel comfortable and capable around horses, both on the ground and in the saddle.
- **Learn Horsemanship** – Understand how to interact with horses calmly and respectfully.
- **Care for Horses** – Learn the essentials of grooming, feeding, and keeping horses healthy.
- **Practice Safety** – Know how to handle and ride horses responsibly.
- **Develop Responsibility** – Take ownership of daily tasks like saddling, cleaning, and caring for their horse.
- **Connect with Nature** – Enjoy time outdoors, exploring trails and learning about the environment.
- **Have Fun & Make Friends** – Create unforgettable memories while working as a team with fellow campers and their horses!

Program Focus



Learn, ride and make unforgettable memories

WHAT CAMPERS WILL DISCOVER AT JR. WRANGLER CAMP

Throughout the week, campers will learn about horses through the following key areas:

- **Horse Safety** – Moving around and handling horses with confidence and care.
- **Grooming Basics** – Techniques for brushing, hoof cleaning, and ensuring horses look and feel their best.
- **Tack & Equipment** – Knowledge on saddling, bridling, and maintaining riding gear.
- **Riding Skills** – mounting, steering, stopping, and enhancing balance in the saddle.
- **Horse Communication** – Interpreting horse body language and engaging calmly with them.
- **Arena Riding** – Learning to ride safely with others in various environments.
- **Teamwork & Responsibility** – Collaborating to care for horses and support fellow campers.





Lessons that Last a Lifetime



Learning to ride and care for horses is more than just fun—it's a skill that lasts a lifetime!

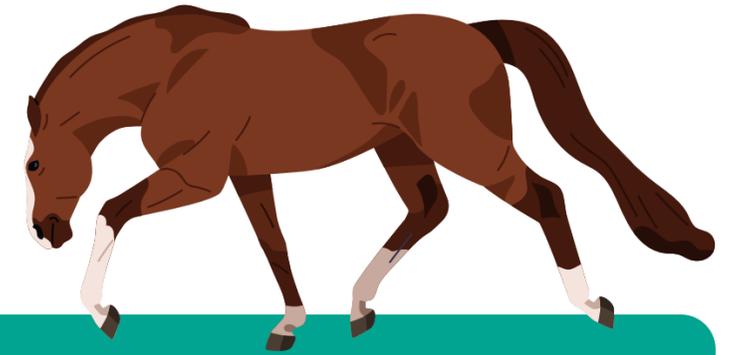
Benefits of Learning to Work with & Ride Horses

- Builds Confidence – Learning to handle and ride a horse helps kids trust themselves and their abilities.
- Teaches Responsibility – Caring for a horse teaches the importance of commitment and daily tasks.
- Improves Balance & Coordination – Riding strengthens core muscles, posture, and overall body control.
- Encourages Patience & Focus – Working with horses requires calmness, patience, and attention to detail.
- Develops Problem-Solving Skills – Riders learn to adjust, adapt, and think critically while working with their horse.
- Strengthens Communication – Horses respond to body language and cues, helping kids become better listeners and communicators.
- Promotes Teamwork – Riders learn to work together with their horse, instructors, and fellow campers.
- Connects Kids to Nature – Spending time outdoors with horses fosters a love for animals and the environment.
- Reduces Stress & Anxiety – Being around horses has a calming effect and boosts overall well-being.
- Creates Lifelong Friendships – Campers bond over shared experiences, teamwork, and their love for horses!





Horsemanship Instruction

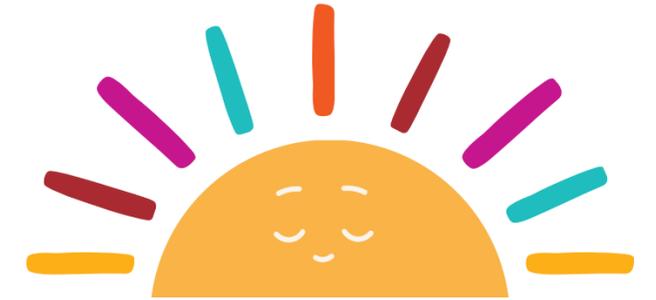


We elevate horsemanship to a whole new level

We provide horsemanship education that covers:

- Safe interactions and movement around horses
- Familiarity with the basic anatomy of the horse
- Interpreting horse body language
- Building safety and confidence around horses
- Effective engagement with horses
- Developing empathy and prioritizing the horse's needs
- Managing emotions when handling horses
- Gaining insight into horse communication to facilitate effective interaction and collaboration with them.

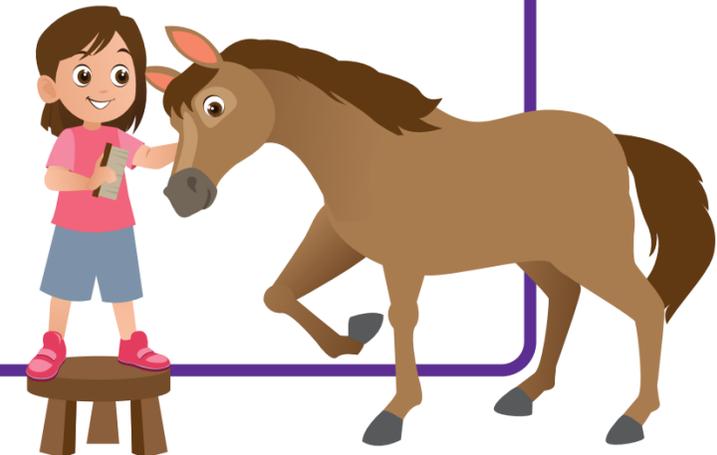
Horse Care Instruction



Learn, ride and make unforgettable memories

We offer comprehensive horse care education that includes:

- **Horse Safety** – Learn how to confidently and carefully move around and handle horses.
- **Grooming Basics** – Discover techniques for brushing, hoof cleaning, and ensuring horses look and feel their best.
- **Tack & Equipment** – Understand how to properly saddle, bridle, and maintain riding gear.
- **Horse Care & Feeding** – Explore what horses eat, how to feed them, and their daily care requirements.
- **Hoof Care Basics** – Learn the importance of good, consistent hoof care



Horse Care Instruction cont.



Learn, ride and make unforgettable memories

We offer comprehensive horse care education that includes:

- **Horse Communication** – Gain insights into horse body language and how to interact calmly with them.
- **Teamwork & Responsibility** – Collaborate to care for horses and support fellow campers.
- **Fun & Adventure** – Engage in games, challenges, and activities designed to build confidence and ensure a great time!



Riding Instruction



Learning to ride and care for horses is more than just fun—it's a skill that lasts a lifetime!

We offer comprehensive horse care education that includes:

- Proper mounting
- Basic seat
- Hand position / rein management
- Moving forward, stopping, turning
- Performing a circle at the walk
- Riding a pattern
- Mounted exercises
- Arena Riding – practice riding safely with others in various environments.





Thanks for checking out
YMCA Camp Carter
Equestrian!
