



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# INDOOR POOL SCHEDULE

BENBROOK COMMUNITY CENTER YMCA

Effective: 3/8/21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 5:00a-7:00a	Lap Swim 5:00a-9:15a	Lap Swim 5:00a-7:00a	Lap & Open/ Family Swim 5:00a-4:30p	Lap Swim 5:00a-7:00a	Lap & Open/ Family Swim 8:00a-10:30a	Lap & Open/ Family Swim 1:00p-5:00p
Swim Team 7:00a-8:00a *Two lap lanes available.		Swim Team 7:00a-8:00a *Two lap lanes available.		Swim Team 7:00a-8:00a *Two lap lanes available.		
Lap & Open/ Family Swim 8:00a-9:00a		Lap & Open/ Family Swim 8:00a-9:00a		Lap & Open/ Family Swim 8:00a-9:00a		
Water Aerobics 9:15a-10:15a *No lap lanes are available.				Water Aerobics 9:15a-10:15a *No lap lanes are available.		
Lap & Open/ Family Swim 10:30a-4:00p	Lap & Open/ Family Swim 10:30a-4:30p	Lap & Open/ Family Swim 10:30a-4:00p		Lap & Open/ Family Swim 9:15a-4:00p	Lap & Open/ Family Swim 9:15a-4:00p	
	Swim Lessons & Swim Team 4:30a-5:30p *No Lanes Available		Swim Lessons & Swim Team 4:30a-5:30p *No Lanes Available			Lap & Open/ Family Swim 11:30a-3:30p
Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.		
Lap & Open/Family Swim 7:00p-8:00p				Pool Closes at 7:00p		

## ADDITIONAL SWIM INFORMATION:

- For additional questions, please contact Drew Olvey, Southwest Regional Aquatics Director, [DOlvey@ymcafw.org](mailto:DOlvey@ymcafw.org).