



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

BENBROOK COMMUNITY CENTER YMCA

Effective: 11/01/21

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---|--|---|--|--|---|
| Lap Swim 5:00a-6:00a | | | | | | |
| Swim Team 6:00a-8:00a *Two lap lanes available. | | Swim Team 6:00a-8:00a *One lap lane available. | Swim Team 6:00a-8:00a *Two lap lanes available. | | | |
| Lap & Open/Family Swim 8:00a-9:00a | | | | | Swim Team 8:00a-11:00a *Two lap lanes available. (Lap Swim only.) | |
| Water Aerobics 9:15a-10:15a *No lap lanes are available. | | | | | | |
| Lap & Open/ Family Swim 10:30a-4:00p | Lap & Open/ Family Swim 10:30a-4:00p | BOGA 10:15a-11:45a *Two lanes available | Lap & Open/ Family Swim 10:30a-4:00p | Lap & Open/ Family Swim 10:15a-12:30p | FWTC/Lap Swim 11:15a-12:00p *Three lanes available. | Lap & Open/ Family Swim 1:00p-4:45p |
| | | | | Water Aerobics 12:30p-1:30p *Two lanes available | Lap & Open/ Family Swim 12:00a-3:45p | |
| | Swim Lessons & Swim Team 4:00p-5:30p *No lanes available | Lap & Open/ Family Swim 11:45a-4:00p | Swim Lessons & Swim Team 4:00p-5:30p *No lanes available | Lap & Open/ Family Swim 1:30p-4:00p | | |
| Swim Team 4:00p-7:00p *One lap lane available. | Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available. | Swim Team 4:00p-7:00p *One lap lane available. | Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available. | Swim Team 4:00p-7:00p *One lap lane available. | | |
| Lap & Open/Family Swim 7:00p-8:00p | | | | Pool Closes at 7:45p | | |

For additional questions, please contact Drew Olvey, Southwest Regional Aquatics Director, DOlvey@ymcafw.org.