



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

**BENBROOK COMMUNITY CENTER YMCA—Effective: 8/1/2022–8/12/2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap & Family Swim 5:00a–9:15a						
Water Aerobics 9:15a–10:15a *One lap lane available Tuesday, Thursday, Friday.						
Swim Lessons - 2 lanes Lap Swim - 2 lanes Family Swim - 2 lanes 10:15a–1:00p				Lap & Family Swim 10:15a–11:45a	Lap & Family Swim 7:00a–9:30a	Lap & Family Swim 1:00p–4:45p
				Water Aerobics 11:45a–1:00p *2 lap lanes available.	FWTC/Lap Swim 9:30a–10:30a *3 lap lanes available.	
DAY CAMP 1:00p–3:00p *Pool Closed to members	Lap & Family Swim 1:00p–3:00p	DAY CAMP 1:00p–3:00p *Pool Closed to members			Lap & Family Swim 10:30a–4:45p	
Swim Lessons Lap & Family Swim 3:00p–5:30p 3 lanes available for Lap Swim.			Swim Lessons Lap & Family Swim 3:00p–8:00p 3 Lap lanes, 2 open lanes, 1 lane for lessons	Lap & Family Swim 3:00p–8:45p		
Swim Lessons & Swim Team 5:30p–6:30p *NO LANES AVAILABLE.						
Swim Lessons Lap & Family Swim 6:30p–8:00p 2 Lap lanes, 3 open lanes, 1 lane for lessons						
Lap & Family Swim 8:00p–9:00p				Pool Closes at 8:45p		

- For additional questions, please contact Leah LeMaire, Regional Aquatics Director, at [LLeMaire@ymcafw.org](mailto:LLeMaire@ymcafw.org).