



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

BENBROOK COMMUNITY CENTER YMCA

Effective: 9/27/21

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 5:00a-6:00a				Lap & Open/ Family Swim 5:00a-9:00a	Lap & Open/ Family Swim 8:00a-10:30a	Lap & Open/ Family Swim 1:00p- 4:45p
Swim Team 6:00a-8:00a *Two lap lanes available.						
Lap & Open/Family Swim 8:00a-9:00a						
Water Aerobics 9:15a-10:15a *No lap lanes are available.						
Lap & Open/ Family Swim 10:30a- 4:00p	Lap & Open/ Family Swim 10:30a-4:00p	BOGA 10:15a- 11:45a *Two lanes available	Lap & Open/ Family Swim 10:30a-4:00p	Lap & Open/ Family Swim 10:15a- 12:30p	FWTC/Lap Swim 10:30a- 11:30a *Three lanes available	
		Swim Lessons & Swim Team 4:00p-5:30p *No Lanes Available		Lap & Open/ Family Swim 10:30a-4:00p	Water Aerobics 12:30p-1:30p *No lap lanes are available.	
	Swim Lessons & Swim Team 4:00p-5:30p *No Lanes Available		Lap & Open/ Family Swim 1:30p-4:00p			
Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.		
Lap & Open/Family Swim 7:00p-7:45p				Pool Closes at 7:45p		

For additional questions, please contact Drew Olvey, Southwest Regional Aquatics Director, DOlvey@ymcafw.org.