



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

BENBROOK COMMUNITY CENTER YMCA—Effective: 5/30/2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|---------|--|----------|---|--|----------------------------------|
| | | Lap & Family Swim 5:00a-9:15a | | | | |
| | | Water Aerobics 9:15a-10:15a *NO LAP LANES AVAILABLE. | | | | |
| | | Swim Lessons 2 lanes Lap Swim 2 lanes Family Swim 2 lanes 10:15a-1:00p | | Lap & Family Swim 10:15a-11:45a | Lap & Family Swim 7:00a-9:30aa | |
| | | | | Water Aerobics 11:45a-1:00p *2 lap lanes available. | FWTC/Lap Swim 9:30a-10:30a *3 lap lanes available. | |
| DAY CAMP 1:00p-3:00p *Pool Closed to members | | Lap & Family Swim 1:00p-3:00p | | DAY CAMP 1:00p-3:00p *Pool Closed to members | Lap & Family Swim 10:30a-4:45p | Lap & Family Swim 1:00p-4:45p |
| | | Swim Lessons Lap & Family Swim 3:00p-5:30p 3 lanes available for Lap Swim. | | Lap & Family Swim 3:00p-4:00p | | |
| | | Swim Lessons & Swim Team 5:30p-6:30p *NO LANES AVAILABLE. | | Swim Team 4:00p-6:00p *1 lap lane available. | | |
| | | Swim Lessons Lap & Family Swim 6:30p-8:00p 2 Lap lanes, 2 open lanes, 2 lanes for lessons | | Lap & Family Swim 6:30p-7:45p | | |
| | | Lap & Family Swim 8:00p-9:00p | | Pool Closes at 7:45p | | |

- For additional questions, please contact Leah LeMaire, Regional Aquatics Director, at LLeMaire@ymcafw.org.