



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# POOL SCHEDULE

**BENBROOK COMMUNITY CENTER YMCA—Effective: 1/17/2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 5:00a-6:00a						
Swim Team 6:00a-8:00a *Two lap lanes available.		Swim Team 6:00a-8:00a *One lap lane available.	Swim Team 6:00a-8:00a *Two lap lanes available.			
Lap & Open/Family Swim 8:00a-9:00a						
Water Aerobics 9:15a-10:15a *One lap lane are available.	Water Aerobics 9:15a-10:15a *Two lap lanes are available.	Water Aerobics 9:15a-10:15a *One lap lane are available.	Water Aerobics 9:15a-10:15a *Two lap lanes are available.	Water Aerobics 9:15a-10:15a *One lap lane are available.	Swim Team 8:00a-11:00a *Two lap lanes available. (Lap Swim only.)	
Lap & Open/ Family Swim 10:30a-1:00p	Lap & Open/ Family Swim 10:30a-1:00p	BOGA 10:15a-11:45a *Two lanes available	Lap & Open/ Family Swim 10:30a-1:00p	Lap & Open/ Family Swim 10:15a-12:30p	FWTC/Lap Swim 11:15a-12:00p *Three lanes available.	Lap & Open/ Family Swim 1:00p-4:45p
		Lap & Open/ Family Swim 11:45a-1:00p		Water Aerobics 12:30p-1:30p *Three lanes available	Lap & Open/ Family Swim 12:00a-3:45p	
POOL CLOSED 1:00p-2:30p						
Lap & Open/ Family Swim 2:30p-4:00p	Lap & Open/ Family Swim 2:30p-4:00p	Lap & Open/ Family Swim 2:30p-4:00p	Lap & Open/ Family Swim 2:30p-4:00p	Lap & Open/ Family Swim 1:30p-4:00p		
	Swim Lessons & Swim Team 4:00p-5:30p *No Lap Swim		Swim Lessons & Swim Team 4:00p-5:30p *No Lap Swim			
Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.	Swim Lessons & Swim Team 5:30p-7:00p *One lap lane available.	Swim Team 4:00p-7:00p *One lap lane available.		
Lap & Open/Family Swim 7:00p-8:00p				Pool Closes at 7:45p		

- For additional questions, please contact Daniel Clemons, Executive Director of Aquatics, at [DClemons@ymcafw.org](mailto:DClemons@ymcafw.org).