



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

AMON G. CARTER, JR. DOWNTOWN YMCA

June 14, 2021–August 21, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lap Swim 5:30a-8:45a	Lap Swim 5:30a-8:45a	Lap Swim 5:30a-8:45a	Lap Swim 5:30a-8:45a	Lap & Family Swim 5:30a-7:00p Please note that the facility closes at 7pm so please plan your post swim routine accordingly.	Lap & Family Swim 8:00a-1:00p
Water Aerobics 8:45a-9:45a	Water Aerobics 8:45a-9:45a	Water Aerobics 8:45a-9:45a	Water Aerobics 8:45a-9:45a		
Lap & Family Swim 9:45a-7:30p	Lap & Family Swim 9:45a-7:30p	Lap & Family Swim 9:45a-7:30p	Lap & Family Swim 9:45a-7:30p		

ADDITIONAL SWIM INFORMATION:

- Swim Lesson registration is available online at www.ymcafw.org/swim
- This schedule will change as more programs resume.
- We do allow lap swim during Water Aerobics but not family swim.
- For additional questions, please contact Daniel Clemons, North Regional Aquatics Director, DClemons@ymcafw.org.