



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



LEARN, GROW AND THRIVE

Fall 2019 Youth Specialty Programs

Register early, space is limited! September 3rd and end by December 20. Classes can be joined at any time as long as space is available! No Classes held the week of Thanksgiving.

Member Rate \$ 10/Month and Non-member rate \$ 50/month

Parent/Child Programs

Program	Ages	Day	Time	Class Length	Instructor	Location
Move & Groove	12-35 months	Monday	9:15am	30 min.	Amanda	MPR #103
Mommy & Me Sign Language	12-35 months	Wednesday	9:15 am	30 min.	Jazmin	MPR #103

Preschool Programs

Program	Ages	Day	Time	Class Length	Instructor	Location
Little Bookworms	3-5 years	Monday	10:00am	45 min.	Sophia B.	#108
Nature Explorers	3-5 years	Monday	10:15am	45 min.	Stephanie T.	MPR #103
Tiny Tumblers	3-5 years	Monday	5:15pm	45 min.	Madelynn	MPR #103
Spanish Explorers	3-5 years	Tuesday	9:30am	45 min.	Maria	#108
Tiny Tots Dance	3-5 years	Tuesday	10:00am	45 min.	Allison	MPR #103
Mini Sports Maniacs	3-5 years	Wednesday	10:15am	45 min.	Stephanie T.	MPR #103
Spanish Explorers	3-5 years	Wednesday	5:15pm	45 min.	Maria	#108
Little Picassos	3-5 years	Thursday	9:00am	45 min.	Christine	# 108
Tiny Tumblers	3-5 years	Thursday	10:00am	45 min.	Madelynn	MPR #103
Tiny Tots Dance	3-5 years	Thursday	5:30pm	45 min.	Allison	MPR #103

Youth Programs

Program	Ages	Day	Time	Class Length	Instructor	Location
Cheerleading*	5-12 years	Monday	6:00pm	60 min.	Madelynn	MPR #103
Cooking Club*	5-12 years	Tuesday	5:30pm	45 min.	Stephanie M	MPR #103
Treble Makers	5-12 years	Tuesday	6:15pm	45 min.	Staci	MPR #103
Lego Builders	5-12 years	Wednesday	5:30pm	60 min.	Randy	#108
Young Einstein's*	5-12 years	Wednesday	6:30pm	45 min.	Haley	#108
Painting with Passion	5-12 years	Thursday	6:15pm	45 min.	Sophia	#108
Dance-Varsity	5-12 years	Thursday	6:15pm	45 min.	Allison	MPR #103

* Classes have additional supply

PARENT/CHILD PROGRAMS

Move and Groove (ages 12-35 months): Get ready to Boogie! Finally a dance class where you get to dance with your child. Partner with your child in a variety of fun, exciting dances as you spend quality time dancing to the beat. Parent participation is required.

Mommy & Me Sign Language (12-35 months): Children and parents will be introduced to sign-language and non-verbal communication.

PRESCHOOL PROGRAMS

Tiny Tots Dance (ages 3-5): Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's heart pumping and body moving with Y dance classes taught by a certified instructor!

Tiny Tumblers (ages 3-5): Through music and movement your child will learn the basic fitness and tumbling skills to prepare them for the next level of gymnastics.

Spanish Explorers (ages 3-5): Give your child the gift of dual language. In this class, your child will learn introductory Spanish such as vocabulary, names, phrases and more through a variety of teaching methods. We use classroom style, games and activities to develop their understanding of the Spanish language.

Little Picassos (ages 3-5): Discover art through hands on painting, stories and more. We'll learn that books, games, songs, and holidays are all great inspirations for artwork. Some classes your child will take home a "refrigerator masterpiece", other weeks it's all about exploring the medium.

Mini Sport Maniacs (ages 3-5): Children will learn the fundamentals of sports such as soccer, baseball and basketball. All participants should expect an exciting hour outdoors kicking, swinging and shooting the ball.

Nature Explorers (ages 3-5): Your child will be introduced to different types of plants and animals. We will read books, do art activities and explore the great outdoors on nice days!

YOUTH PROGRAMS

Dance-varsity (ages 5-12): Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's body moving and learn new routines with a certified instructor.

Cheerleading (ages 5-12): Give your kids something to cheer about! Learn new cheers, cheerleading positions and dance routines. Your child will build self-confidence and self-esteem while developing social skills and a healthy lifestyle. *One time \$15 fee at registration for T-Shirt*

Treble Makers (ages 5-12): Designed for any youth that enjoys signing and playing music. Learn musical concepts, play basic instruments, sing and have fun!

Lego Builders (ages 5-12): Research shows that children who spend time building with Legos often have better math and science skills. Share the joy of creating new and exciting Lego masterpieces. Experience fun new games that go along with the building creations.

Young Einstein's (ages 5-12): Dive into the world of physics, nature and discovery in this science based program. Students will do experiments each week that will teach them about the world around us and how it works. *One time \$15 fee at registration for supplies*

Cooking Club (5-12): This interactive cooking class will teach kids how to make easy after school snacks and quick meals that are fun to make! *One time \$15 fee at registration for supplies*

Painting with Passion (5-12): Discover art through hands on painting, crafts and more. Your child will enjoy painting and making their own masterpieces!

REFUNDS, TRANSFERS OR CANCELLATIONS

We are happy to accommodate changes and transfers as long as space is available and your requests are made before the session begins. Once the session begins all refunds, transfers and cancellations will be made effective the first of the following month. Supply and uniform fees are non-refundable after the program begins. Refunds are not given for missed classes. If the YMCA needs to cancel a class we will not provide a refund; however, the cancelled class will be rescheduled.

DROP OFF/PICK UP OPTIONS FOR PRE-SCHOOL AND YOUTH PROGRAMS

1. Drop your child off to Y Playhouse or Youth Zone at least 15 minutes prior to class start time. A YMCA staff person will walk your child to the appropriate class and then walk them back to Childwatch/Youth Zone after class. Parents must let us know upon arrival if we will be taking them to their class (**available to YMCA members only**).
2. Drop your child off to the appropriate class and then pick them up when class is over.

We can only drop off children to Y Playhouse/Youth Zone that we have picked up. We are asking all parents to pick up their child(ren) on time in order to avoid late fees and/or possible removal from program.

YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.