



# Gym Schedule

Effective October 26, 2020

## Airport Area YMCA

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Gym Schedule</b>	<b>Open Gym*</b> 7:00 am - 9:45 am	<b>Open Gym*</b> 7:00 am - 9:45 am	<b>Open Gym*</b> 7:00 am - 11:00 am	<b>Open Gym*</b> 7:00 am - 11:00 am	<b>Open Gym*</b> 7:00 am - 11:00 am	<b>Open Gym*</b> 8:00 am - 12:00 pm	<b>CLOSED</b>
	<b>Silver Sneakers Classes</b> 9:45 am - 11:00 am	<b>Silver Sneakers Classes</b> 9:45 am - 11:00 am					
	<b>Open Gym*</b> 5:00 pm - 7:00 pm	<b>Open Gym*</b> 5:00 pm - 7:00 pm	<b>Open Gym*</b> 5:00 pm - 7:00 pm	<b>Open Gym*</b> 5:00 pm - 7:00 pm	<b>Open Gym*</b> 5:00 pm - 7:00 pm		

### Additional Information:

Please note the gym will be unavailable on 10/28, 10/29, 10/30 and 11/3 for voting.

**Open Gym:** The gym is open for free play for all ages and abilities.

**Silver Sneakers Classes:** Group exercise classes for our Silver Sneakers or AOA members.

\* Schedule may be subject to change depending on other programming or gym rentals. When possible, signage for changes and/or closures will be posted at least a week in advance notifying members and guests of the upcoming gym closure.