



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE | HOOD COUNTY YMCA

Effective: May 28—August 14, 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SEALS Swim Team 5:00a-9:15a *2 lap lanes are available for members.				BOGA 5:15a-6:00a		
				Lap Swim 6:00a-9:30a		
Water Aerobics 9:15a-10:30a *4 Lanes for Laps and Lessons	Water Aerobics 9:15a-11:30a *4 Lanes for Laps and Lessons	Water Aerobics 9:15a-10:30a *4 Lanes for Laps and Lessons	Water Aerobics 9:15a-11:30a *4 Lanes for Laps and Lessons	Water Aerobics 9:15a-10:30a *4 Lanes for Laps and Lessons	Lap Swim 7:00a-3:30p	
Lap Swim 10:30a-11:30a		Lap Swim 10:30a-11:30a		Lap Swim 10:30a-11:30a		
Lap Swim 11:30a-5:00p						
Swim Lessons & Lap Swim 5:00p-6:00p						
SEALS Swim Team 6:00p-7:30p *2 lap lanes available.	Lap Swim 6:00p-8:45p	SEALS Swim Team 6:00p-7:30p *2 lap lanes available.	Lap Swim 6:00p-8:45p	Lap Swim 6:00p-6:45p		
Lap Swim 7:30p-8:45p		Lap Swim 7:30p-8:45p		Pool Closes at 6:45pm		

OUTDOOR POOL SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Day Camp Swim 12:00p-2:00p					Open Swim 11:00a-3:30p	Open Swim 1:00p-4:30p
Open Swim 2:00p-7:30p						

ADDITIONAL SWIM INFORMATION:

- For additional questions, please contact Leah LeMaire, Southwest Regional Aquatics Director, llemaire@ymcafw.org.