

# DAY CAMP FAQ's

## CAMP DESTINY @ NORTHPARK YMCA

### What are the camp hours?

Camp operates Monday- Friday beginning June 1- August 12, 2020.

**We will be closed Friday, August 13<sup>th</sup> for staff development.**

#### Camp Hours are as follows:

##### **7:00a-8:45a- Pre Camp**

This is the designated drop off time. Campers will eat snack at 9:00a and have Opening Ceremony at 9:30a.

##### **9:00-4:00p- Camp Time**

This is the time camp activities and rotations will begin. We ask that parents have kids dropped off by this time each day. Campers cannot be dropped off after 10:00am.

##### **4:00-6:00p- Post Camp**

This is the designated pick up time. All campers are indoors at this point participating in self-guided activities. If you need to pick up your camper prior to this time, please notify camp in advance.

### What if my child does not attend the whole week?

This year, we do have a 3-day camp week option for those that do not need a full week experience. Campers will be able to select the 3 days they want to attend! Other than that, we do not pro-rate the weeks due to attendance. The full week and the 3-day week are the only options we have available this summer.

### What can my child expect at Day Camp?

Each week at campers can expect a week full of adventure! Camp is a place where they will make new friends while participating in a variety of activities like crafts, and games, all geared toward a specific theme. Campers will also learn exciting new skills such as swimming and archery. Our trained staff will lead the campers in character development activities, team building games, and weekly field trips.

**Reminder- We are an outdoor based day camp, and our campers will spend over 80% of our day outside.**

### What age does my child have to be to attend camp?

Our Day Camp program is licensed by Texas Department of Family and Protective Services for campers ages 5-12yrs of age.

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### What are the weekly themes this summer?

This summer, our campers will join our **SUMMER WORLD TOUR!**

Week 1: Camp Cruise	June 1-4 * closed May 31 <sup>st</sup>
Week 2: Tropical Adventure	June 7-11
Week 3: Backpacking through Europe	June 14-18
Week 4: Soaring to South Africa	June 21-25
Week 5: Foodies of the World	June 29- July 2
Week 6: Born in the USA	July 5-9
Week 7: Exploring Cultures	July 12-16
Week 8: Movin' and Groovin'	July 19-23
Week 9: Architectural Challenge	July 26-30
Week 10: Year of the Ox	August 2-6
Week 11: Off we go to Mexico	August 9-13

### What should my camper bring to camp?

First, please label everything your child brings to camp so we know what belongs to them. Other than that, here are a few camp necessities:

- Lunch, water bottle (disposable or re-useable), backpack, swimsuit, towel (designated day), sunscreen, hat, tennis shoes, and comfy clothes they can get dirty.

We do our very best to ensure that campers leave with all items that they brought to camp but in case that doesn't happen, we will display all Lost and Found items at check out for parents to grab.

Due to our current situation with COVID-19 we are asking that campers only bring a drawstring backpack with them to camp and do not bring any items that cannot be stored inside this bag. We also ask that campers keep this bag on their person during the day when possible.

### What staff/ child ratio does the camp follow?

Our camp follows a ratio of 1:10 (staff/ child). During some activities the ratio is lower.

### Where do I go to drop off my child?

Drive thru drop off is between 7:00a-8:45a in front of the Northpark YMCA. Camp will be in Pre-Camp mode which means each age group will go to their designated area and do self-guided centers/games.

# DAY CAMP FAQ's

## CAMP DESTINY @ NORTHPARK YMCA

**At AM Drop-Off ONLY-** Parents can park in our designated camp spot which are located to the left of the building. A staff member will come to your vehicle to take your child's temperature. If your child has a fever over 100.4 they will NOT be allowed to come into camp. Parents will also be asked to complete a short health screening test about their children. Once cleared, you can sign them in and a staff will walk them inside to the gym!

**At PM Pick-Up ONLY-** Parents will need to call the Camp Phone Number and a staff will walk your child out to your vehicle. Please stay in your vehicles during this period with your ID ready. Once your ID has been checked from the approved pick up list we will release your child to you. **We will not release a child to anyone who is not on the approved pick up list.** If you need to add anyone please contact the Camp Director.

### What are Opening Ceremonies?

Camp opens each morning and closes each afternoon with a ceremony. This time is spent previewing or reviewing the camp day. Counselors lead songs and skits as well as acknowledge positive behaviors or accomplishments in the day. Y staff attempt to model and reward character values (caring, honesty, respect, responsibility) during all camp activities.

### Does the Y provide snacks?

Yes, we provide both a morning and afternoon snack. Morning snack is at 9:00a and afternoon snack is at 3:30p. Please be sure to list any food allergies on your campers enrollment form. Monthly snack menus will be available each month.

### What should I pack for my camper's lunch?

**We will have a Food Program provided this summer.** This is an optional program. If you choose to pack your child's lunch, please do not send your child with items that require a microwave or refrigeration.

**Reminder: If your child has any allergies, list them on the enrollment paperwork.**

### What are THEME DAYS?

Each week is a different theme at camp and we have activities and games that correlate to the week's theme. One day a week is our camp's THEME DAY and we usually have a special activity based around our weekly theme. We also encourage staff and campers to dress up on theme days. Camp Destiny's theme day will be every Wednesday at Camp.

# DAY CAMP FAQ's

## CAMP DESTINY @ NORTHPARK YMCA

### What will my child do all day/week?

Each week, there will be an Activity Plan available for the parents to review. Here is a generic example of a week at camp.

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00	Interest Centers/ Games	Interest Centers/ Games	Interest Centers/ Games	Interest Centers/ Games	Interest Centers/ Games
8:30	AM Snack	AM Snack	8:00- AM Snack	AM Snack	AM Snack
9:00	Opening Ceremony & ALL CAMP GAME	Opening Ceremony & ALL CAMP GAME	Opening Ceremony & <b>Break into groups and prepare to load busses.</b>	Opening Ceremony & ALL CAMP GAME	Opening Ceremony & ALL CAMP GAME
10:00	<b>ADVENTURE #1:</b> Groups will rotate through activities: group games, crafts, science, fish- ing, and archery.	<b>ADVENTURES:</b> Groups will rotate through activities: group games, crafts, science, fish- ing, and archery.	9:00a- Load Bus for Field Trip  9:45a- Arrive at Field trip	<b>ADVENTURE #1:</b> Groups will rotate through activities: group games, crafts, science, fish- ing, and archery.	<b>ADVENTURE #1:</b> Groups will rotate through activities: group games, crafts, science, fish- ing, and archery.
12:00	<b>LUNCH</b>	<b>LUNCH</b>	12:00- Check in for lunch.	<b>LUNCH</b>	<b>LUNCH</b>
1:00	<b>ADVENTURE #2:</b> Groups will rotate through activities: group games, crafts, science, and archery.	<b>FITNESS FUN</b> Group exercise class for youth led by Fitness Instructor	Field trip activities	<b>FITNESS FUN</b> Group exercise class for youth led by Fitness Instruc- tor	<b>ADVENTURE #2:</b> Groups will rotate through activities: group games, crafts, science, and archery.
2:00	<b>CAMP SWIM TIME</b>	<b>CAMP SWIM TIME</b>	3:00p- Groups gather for check out and load bus.	<b>CAMP SWIM TIME</b>	<b>CAMP SWIM TIME</b>
3:00	<b>ADVENTURE #3:</b> Groups will rotate through activities: group games, crafts, science, and archery.	<b>ADVENTURE #3:</b> Groups will rotate through activities: group games, crafts, science, and archery.	4:00p- Arrive at YMCA- roll call in the gym.	<b>ADVENTURE #3:</b> Groups will rotate through activities: group games, crafts, science, and archery.	<b>Snow Cone Friday!</b>  <b>CAMP CLOSING CEREMONY</b>
3:30	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>	<b>PM Snack</b>
4:00	Interest centers/ clubs & Rockwall challenge	Interest centers/ clubs & Rockwall challenge	Interest centers/ clubs & Rockwall challenge	Interest centers/ clubs & Rockwall challenge	Interest centers/ clubs & Rockwall challenge
6:00	Check-Out	Check-Out	Check-Out	Check-Out	Check-Out

### What about camp swim time at camp?

Campers at Camp Destiny have the opportunity to swim in our outdoor pool. Campers will swim the following days depending on age.

- 5-7yrs will swim on MWF between 12:30pm & 2:30pm.
- 8-12yrs will swim on TTHF between 12:30pm & 2:30pm.
- All campers will swim in the shallow end of the pool.
- Campers that are not tall enough to stand in the shallow end with their head above the water will be required to wear a Coast Guard approved floatation device (lifejacket or a puddle jumper). The YMCA does have a limited supply of these jackets and puddle jumpers at the YMCA. You are welcome to bring your child's own life saving device if you wish.
- Those campers who wish to swim in the deeper parts of the pool will need to go through a swim test supervised by our YMCA lifeguards. The swim test will consist of campers swimming the length of the pool (unassisted) and treading water for 10-15 seconds.

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- Swimming is supervised by YMCA lifeguards at all times. Additionally, camp staff will also be in the pool area supervising.

### Can my child take swim lessons at camp?

Yes, swim lessons are available during camp swim time. You will need to sign up for swim lessons separately but our camp staff will ensure that your child gets to their lesson.

### How can I reach the staff at my camp?

Our camp has a cell phone that a staff person keeps on them at all times. If you have questions you may reach them at 817- 919-1884.

### What precautions are you taking to prevent the spread of COVID-19?

Below are a few of the measures we have put into place to ensure health and safety:

- The staff:child ratio is to 1:10
- Groups of more than 20 will not be in the same area during the same time
- Activities are designed to keep kids 6 feet apart from each other
- All children will have their temperature checked upon arrival and at lunch
- Parents will complete a brief health screen survey when dropping their child off
- Curbside pick-up and drop off are in place to prevent parent access to the building
- Staff will have their temperature checked each day when clocking in
- Staff will wear face masks while working and social distancing (6ft apart) cannot be maintained
- All surfaces and areas used will be deep cleaned each morning/night
- All materials will be disinfected before/after each use
- Children will have individual bins for their belongings
- Hand washing and sanitizing personal spaces will take place after each transition.

### How can I volunteer at camp?

WE LOVE VOLUNTEERS! Parents may volunteer to help with camp in a variety of ways. Do you have a neat talent or hobby you want to teach... great! Do you want to talk about your career with our campers...ok! All you need to do is talk to the Camp Director and get a Volunteer Application (also available online). Once completed, turn it in and we will notify you when you are cleared to help out. Volunteer Applications contain a Criminal History check that must be cleared before anyone is allowed to volunteer at our YMCA. This process usually takes 5-10 days.

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### How can I see all the fun activities at camp?

Sign up for our Bloomz group on the Bloomz app. You will be invited to join during the first week of camp. You can also follow us on our YMCA Fort Worth Facebook page.

### Who are my contacts for this camp?

Program Director – Stephanie Garcia – Contact @ [sgarcia@ymcafw.org](mailto:sgarcia@ymcafw.org) or 817-237-7237