



YOUTH SPECIALITY PROGRAMS Sept—Dec 2022

Youth Wrestling 5-13 years *This class has an additional uniform fee (\$20)

Kids learn confidence, discipline, work ethic & sportsmanship through the sport of Wrestling. Wrestling is a physically demanding sport that is guaranteed to improve overall athleticism while still being fun. This program is for girls and boys ages 5-9. \$30/month for Members. \$100/month for Non-Members.

Youth Dance 6-14 years

Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's heart pumping and body moving with Y dance classes. \$10/month for Members. \$30/month for Non-Members.

Spanish Explorers 5-12 years

Give your child the gift of dual language. In this class, your child will learn introductory Spanish such as vocabulary, names, phrases and more through a variety of teaching methods. We use classroom style, games and activities to develop their understanding of the Spanish language. \$10/month for Members. \$30/month for Non-Members.

Galleria Kids Jr. 3-5 years & Galleria Kids 6-12 Years

Discover art through hands on painting, stories and more. We'll learn that books, games, songs, and holidays are all great inspirations for artwork. Some classes your child will take home a "refrigerator masterpiece", other weeks it's all about exploring the medium. \$10 for Members. \$30 for Non-Members

Tumble N Twirl 3-5 years

Through music and movement your child will learn the basic fitness and tumbling skills to prepare them for the next level of gymnastics. Dance classes teach rhythm, creativity and fun for all. Classes include a variety of dance formats such as pre-ballet, jazz and hip-hop. Get your child's heart pumping and body moving with Y dance classes. \$10/month for Members. \$30/month for Non-Members.

Karate 7-12 years *This class has an additional uniform fee (\$20)

Karate teaches students how to be respectful, learn discipline, respect, honor and to focus on defense rather than offense. They gain self-confidence as well as mental toughness, all the while gaining flexibility. \$30/month for members, \$50/month for non-members.

Science Squad 6-12 years

Dive into the world of physics, nature and discovery in this science based program. Students will do experiments each week that will teach them about the world around us and how it works. \$10 for Members. \$30 for Non-Members

Homeschool PE/ART 5-12 years

Homeschool PE provides home schooled children a place where they can exercise and participate in sports in an instructor led setting. Our program is designed to be sports related, while showing children how much fun exercise is. Home School Art develops your child's creative and critical thinking skills using art lessons and projects in a fun atmosphere. \$10/month for Members. \$30/month for Non-Members.

Nature Explorers 3-8 Years

Encourage your child to spend time learning about the natural environment around them in this class. Kids will learn about plants, animals, rocks, and all of the resources that are accessible to them via classroom style activities and lessons. \$10/month for Members. \$30/month for Non-Members.

Music and Movement 0-5 years & Caregiver

an active class featuring classical, folk, and other genres of music for creative movement and dance. Ages 0-5 are invited to join in with a caregiver to use instruments, scarves, and parachutes to encourage coordination and gross motor skills. All ability levels are welcome. \$10/month for members. \$30/month for Non-Members.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Galleria Kids Jr 5:00-6:00pm (Aquatics Office)	Music & Movement 9:00-10:00 am (MPR/Youth Zone)	Karate 5:00-6:00pm (MPR)	Tumble N' Twirl 9:30-10:15am (MPR)	Homeschool PE/ Art 10:45am-12:15pm (MPR)	Wrestling 8:15-9:15am (MPR)
Galleria Kids 6:00 - 7:00pm (Aquatics Office)	Science Squad 5:00-6:00pm (Aquatics Office)	Nature Explorers 6:00-7:00pm (Aquatics Office)	Youth Dance 5:30 -6:15pm (MPR)		
Wrestling 6:30 - 7:30pm (MPR)	Spanish Explorers 6:30-7:30 pm (Aquatics Office)				

Register early, space is limited! . Classes can be joined at any time as long as space is available!