



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

INDOOR POOL SCHEDULE

Ryan Family YMCA Lap Pool — Effective: 9/5/2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap & Open/Family Swim 5:30a-6:00a						
Lap Swim, CISD Swim Team 6:00a-7:00a 2 Lap Swim, 6 Lanes for CISD Swim Team						
Lap & Open/Family Swim 7:00a-9:00a				Lap & Open/ Family Swim 9:00a-3:30p	Lap & Open/ Family Swim 8:00a-3:45p	Indoor Lap Pool Closed Sundays
Aqua Pump 9:00a-10:00a *Three Lap Lanes Available						
Lap & Open/Family Swim 10:00a-10:30a						
Aqua Fit 10:30a-11:30a *Three Lap Lanes Available						
Lap & Open/Family Swim 11:30a-3:30p						
Lap Swim, CISD Swim Team 3:30p-5:30p 2 Lap Swim, 6 Lanes for CISD Swim Team						
Lap Swim, Swim Lessons & Open/Family Swim 5:30p-7:00p 4 Lap Lanes, 2 Lanes Swim Lessons, 2 Lanes Open	Aqua Fitness 6:00p-7:00p *4 Lap Lanes Available	Lap Swim, Swim Lessons & Open/Family Swim 5:30p-7:00p 4 Lap Lanes, 2 Lanes Swim Lessons, 2 Lanes Open	Aqua Fitness 6:00p-7:00p *4 Lap Lanes Available	Lap & Family Swim 6:00p-7:45p *LAP AND FAMILY SWIM MAY BE DISRUPTED BY MAKUP SWIM LESSONS		
Lap & Open/Family Swim 7:00p-8:45p						
Pool Closes at 8:45p				Pool Closes at 7:45p		

- For additional questions, please contact Chris Caney, Regional Aquatics Director, at CCaney@ymcafw.org.