# WELCOME BACK

## WHAT TO EXPECT IN OUR FACILITIES:

- With limited operating hours, only members can attend:
Monday-Friday 6am-8pm, Saturday: 8am-5pm, Closed Sunday
- All members will be required to sign a waiver prior to using the facility, one-time only.
- Limited number of participants will be allowed in the building and various areas at one time.
- Social distancing, a minimum of 6 feet, is required.
- Members should limit their time in the facility to 60 minutes.
- Duffel bags and/or member belongings will not be allowed in the facility.
- Locker Rooms and stretching areas will be closed.
- Some equipment will not be available to allow for social distancing.
- Members will be asked to wipe down equipment before and after use to support sanitization.
- Coffee will not be served at this time, please do not bring in outside food.
- Towel service will be suspended for the time being.
- Water fountains will not be available, please bring your own water bottle.
- Gymnasium will be closed to individual use; available only for Y organized activities and classes.
- Indoor and outdoor pools will open with modified hours for lap swim and water exercise. There will be no open swim at this time and hot tubs will be closed.
- Group Exercise classes will be limited, but virtual offerings will continue.
- Y Playhouse will be open with limited hours for ages 3-12 only (ages vary by location). Temperature checks will be required for children upon check in.
- Health screening/temperature checks will be administered for staff upon arrival for each shift.
- Y staff will be wearing face masks/coverings, but know we are smiling from ear to ear.
- Members are highly encouraged to wear face masks/coverings when not working out.

## YMCA OF METROPOLITAN FORT WORTH